(USPS 500-660)

SOKOL USA TIMES

JUNE 14, 2007

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From the President's View

The number of comments I have received about my previous two articles to you leads me to believe I should be looking for another teaching story. I am pleased that the daffodil story had such an impact on you. I wonder how many of us have "planted a daffodil" since reading the story. We just get so busy caught up in all our stuff. So this month, it's about the Sokol stuff that has been happening thanks to many dedicated members. I'll mention a few – more to come!

Sokol Woodlands Camp Board, under the chairmanship of Brother Charles Bednar, has worked diligently to ensure our 2007 summer season. So many have given of their time and talents that I hesitate to single out any one person. However, having said that, I do want to thank Brandi Kovac for her untiring efforts in locating staff to fill all the necessary positions. It is all too easy to sit back and be critical and oh so difficult to be the solution. Brandi continues to devote countless hours and energy in this effort. Thus, following a difficult winter, a majority of camp board members spent Memorial Day weekend "opening" the camp.

Preparations for our XXV Slet and competitions in Pittsburgh are definitely consuming every available moment the committee members have. Brother Joe Bielecki is going to extreme measures to ensure that this Sokolfest will indeed be one for the memory books. The banquet will be unlike any you have attended. The venue is amazing and the entertainment likewise. The Tomko family is putting together the program book (no easy task as anyone who has ever taken on this job well knows). Sister Justine West, with her usual patient, kind, loving way, is accepting all reservations for the banquet – deadline is past and we will not be able to accept last minute reservations. The Westin Hotel is now fully booked and not even Sister Judy Smith can get you a reservation. Thank you, Judy, for taking all the difficult calls and e-mails.

Sister Ondira and Brother and Sister Yatchyshyn are likewise busy with final details for all the competitions and Slet program. We are especially pleased to note that in addition to the participation of our Sister Sokol organizations, the Catholic Sokols will be performing a special number at the Slet. The World Sokol Federation will be conducting an annual meeting while many delegate members will be attending Sokolfest.

I am deeply saddened by the untimely death of Brother Ed Kubanik of Guttenberg Sokols. I extend our deepest sympathy to his wife, Eva, and son, Richard, and to his mother and father, Mr. and Mrs. Kubanik.

As one life is taken, so another is given. We thank the Lord for the gift of a son, Wyatt Stephen, to Brother Lance and Sister Jennifer Kovac. A special congratulations to the grandparents.

Looking forward to meeting you in Pittsburgh.

NaZdar!
Bea Walko

Bea Walko

In Memory of Edward J. Kubanik

Edward Stephen John Kubanik was a member of Sokol USA Guttenberg. This eulogy was delivered by his son, Richard Edward Stephen Kubanik.

Four years ago, when I first set foot on the well manicured lawns of Vanderbilt University with Mom and Dad at my side, I knew I would be safe and my future would hold many opportunities. I also knew that May 11, 2007, would mark my entrance into the real world after 16 years of education. What I didn't know, was that at the same time, a malignant growth was forming on my father's pancreas. This cancer would create a cold, harsh entrance into the real world by ending Edward's life after 55 years. He was 48 hours short of my celebration.

However, today is a celebration. Edward's celebration. A celebration of life. A time to reflect on happy memories and a time to honor a much loved and respected man.

I would like to share with you some of my favorite childhood memories to explain who Edward was as a father. Weekends were the best. It meant Dad's unwavering attention and endless fun. I would jump out of bed and run over to the master bedroom awakening Dad by striking his belly with karate moves that I had just learned from watching Teenage Mutant Ninja Turtles. To this day, I don't know how he took the abuse. He would respond so gently using just enough force to restrain me and help my boundless energy subside. Dad loved to just drive around on a beautiful day. This is probably why I like sitting in the back middle seat of cars so that I can enjoy the views. One of our biggest secrets and bonds was sneaking me into the front seat with a booster pillow and making me co-pilot.

Dad was involved in every aspect of my life and made sure that he participated along side me every step of the way. In sports, he was my soccer coach for 12 years, showing me his skills, love for the game and helping me build up my confidence as an athlete. Many do not know the endless hours he spent at his computer designing plays and scrutinizing over line-ups. My father always ensured that every player, no matter their ability, received the same time on the field and a beautiful trophy at the end of the year.

In Boy Scouts, Dad and I participated in all activities. He didn't know how nor like to fish, but he bought me a rod and taught me. He had never slept in a tent under the stars, but we did it together anyway. The Pinewood Derby was a big event for which he spent hours designing and crafting a winning model. Dad did all the work while I took the credit and prizes; it didn't matter to him because all he cared about was my happiness. If I had only opened my eyes I would have seen his teaching of patience that he embodied each and every day. Dad, you are my unsung hero.

As I entered my high school years, Dad encouraged me to dream and reach for the stars. We shared our aspirations with one another. I was touched to discover how he was so proud of having a son to play sports with and discuss life. His favorite phrase was "do toho," meaning just do it. A phrase that almost became too repetitive after investment banking interview rejections, but comforting none the less as it helped me through the rough transition into finding full-time employment. My fondest memory was star searching when the two of us spotted Saturn through my telescope. A Christmas present that had long since collected dust became our portal to the universe. It has humbled me as to how vast and mysterious is the universe. My father is now a part of this uncharted territory and he continues to watch over us. I can feel it.

Besides a caring father, Edward had many other titles, including a loving and faithful husband, who just recently celebrated his silver anniversary, Director, VP and CFO. No matter his role, he was the same loyal, honest and caring individual who would bend over backwards to complete an assignment. Wherever he worked, he was respected and became part of the team. I have been humbled by the numerous e-mails from co-workers who seem to know so much about me and Mom and cared deeply for my father.

My father possessed many talents, including his musical abilities on the accordion and piano, which he passed along to me during my studies of the violin. My interest in world travel grew out of his stories of the different cultures he had experienced. But I think that he was most proud of his heritage. A Slovak through and through, my father was actively involved in Sokol, a fraternal organization, as a gymnast and a brother. From the stories I have heard and the pictures I have seen, he was quite agile and truly embodied the group's motto of "a sound mind in a sound body." As a young boy, he competed in tournaments, marched proudly in slets and would later coach and judge the men's gymnastic competitions. Known for his sense of humor around the campfire at Sokol Woodlands, he enjoyed working around the campgrounds and playing many fierce volleyball games. He even blamed his gout to be the consequence of a stray net that accidentally fell on his big toe. I, however, attribute this inconvenience to the rambunctious Makov Brothers who were notorious for their stamina at the bar and a mischievous influence on the young Sokolettes.

In addition to Sokol, my father was also actively involved in the Limbora Slovak folk-dancing group, a not-for-profit organization that continues to preserve and perform traditional Slavic dancing for all to enjoy. As Treasurer, Edward was proud of his grant writing proposals that secured funding from the National Endowment for the Arts, in addition to performances at the United Nations and Lincoln Center. This is where Dad met many of his friends that are sitting here today. Find your friends, Dad would say, and hold on to them.

The message that my father would want delivered today is one of friendship. Cancer is a terribly painful disease that affects all family members whose lives are forever changed. Some of you have been through this emotional roller coaster and I thank you for your understanding. Your willingness to share personal experiences has provided much guidance in a time of confusion and anger, and is helping my mother and me in the healing process.

Many of you may recall Edward's strong will and determination to fight the ugly disease inside of him. Not a day went by without Dad's reference to the green light that he saw. He claimed it would bring a cure and permit his attendance at my graduation. Edward was a strong fighter for Mom and I, and tried his best to survive. Dad was faced with a checkmate last week when he found out that the latest chemo regiment had failed him. So today, perhaps a message from Dad's favorite character in the Great Gatsby Nick Carraway is appropriate. "I stand before you brooding on the unknown world, contemplating the green light, the orgastic future that year by year recedes us." Although the green light has eluded my father, that's no matter because tomorrow we will run faster, stretch our arms out further and perhaps even find a cure for pancreatic cancer.

Like the beautiful magnolia trees that bloom each and every May on Vanderbilt's campus, life will go on. I will always have a hole in my heart for Dad, but over time, with the support of friends, the hole will turn into a window permitting me to remember the wonderful times we shared together as well as the lessons I have learned. I can only hope that the saying "like father like son" will hold true for myself, so that I may become even half the man that we remember today.

Godspeed, Edward Stephen John Kubanik. You have touched us all and will be forever missed. Thank you for making us a part of your life. We will always remember your kind nature, sense of humor, honesty, love and guidance. Above all, thank you for your friendship! Rest in peace knowing you will always be in our hearts.

SOKOL TIMES

official organ of the
SLOVAK GYMNASTIC UNION SOKOL OF THE USA

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SOKOL OFFICE:
Telephone: (973) 676-0280
Toll Free: (888) 253-0362
FAX (973) 676-3348
E-mail: SOKOLUSAHQS@aol.com

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DONATIONS GRATEFULLY ACKNOWLEDGED

To the Milan Getting Scholarship Fund

Dr. Robert J. DiBenedetto, Roseland, N.J. $50.00
In memory of Edward Kubanik.

Jody M. Weber, Bellmawr, N.J. $50.00
In memory of Edward Kubanik.

Andrej M. Brchnel, Bronx, N.Y. $250.00
In memory of Edward Kubanik.

Milan S. Kovac, River Edge, N.J. $50.00
In memory of Edward Kubanik.

Lodge 164, Detroit, Mich. $287.50
In memory of deceased members.

Lodge 258, Campbell, Ohio $75.00
In memory of deceased members.

District-Lake Erie Svatopluk. $50.00
In memory of Andrew Venglarchik

William M. Schmidt, Basking Ridge, N.J. $50.00
In memory of Edward Kubanik.

Andrew and Anna Kosonocky, Whippany, N.J. $25.00
In memory of Edward Kubanik.

Robert and Helen Cheloc $100.00
In memory of Edward Kubanik.

The California Shimek Families, Ross, Calif. $1,000.00
In memory of Edward Kubanik

To the Sokol USA Gymnastic Fund

District Pavel Mudron $135.00
In memory of deceased members.

Lodge 258, Campbell, Ohio $75.00
In memory of deceased members.

Lodge 164, Detroit, Mich. $287.50
In memory of deceased members.

Emily Punchatz, Metuchen, N.J. $15.00
In memory of Andrew Venglarchik Jr.

Lodge 32, Boonton, N.J $75.00
In memory of H. Schempp,
S. Laurel and V. Paley.

William Jancik Family, Dallas Pa. $100.00
In memory of Pepich
Family of Yonkers, NY.

To the Steve Banjak Memorial Scholarship Fund

District Lake Erie Svatopluk $50.00
In memory of Andrew Venglarchik

SAVE THESE DATES
AUG 3-5 SLOVAK WEEKEND
AUG 10-12 CLAMBAKE
At Sokol Woodlands - Barryville

ATTENTION
ALL LODGES AND SOKOL MEMBERS

At the last Sokol USA National Gymnastics meeting, approval for STAR Camp subsidies was passed. The STAR Camp experience is available to all Sokol youth – gymnasts, as well as non-gymnasts. In fact, it's a great way for inactive lodges to have their young members participate in a summer Sokol program!

The recommendation is:

That Sokol USA financially support Sokol USA members attending STAR Camp with a $3,000.00 subsidy to be divided equally among the participants with a maximum allowance of $275.00 per participant or the cost of one week's tuition.

Offer this opportunity to one or more of your juvenile members. It will be an experience they will remember for years to come. Nazdar!

National Directors Sokol USA

Important Information

Sokol USA - STAR Camp

Featuring **S**okol **T**raining **A**nd **R**ecreation under the reliable supervision of the Sokol USA National Gymnastic Staff. The camp is an overnight camping program for children ages 8 to 14 years old and includes: gymnastics training, swimming, sports and games, arts and crafts, hiking and traditional camping activities.

Campers can stay one, two or three weeks. The 2007 season is as follows:
Week 1: Sunday, July 8 – Saturday, July 14, 2007
Week 2: Sunday, July 15 – Saturday, July 21, 2007
Week 3: Sunday, July 22 – Saturday, July 28, 2007

Sokol Woodlands is located in the beautiful countryside in the foothills of the Catskill Mountains near the Delaware River. The STAR Camp's purpose is to provide quality gymnastics training and an introduction to the Sokol philosophy of "A Sound Mind in a Sound Body." STAR campers will have up to three gymnastics workouts daily, including tumbling and all men's and women's competitive events.

A certified nurse is on the premises at all times. In addition to our qualified teaching staff, there will be a certified lifeguard. A House Mother will supervise campers while in their rooms and during meal times. Cabin-style accommodations are available.

The cost per week is $405.00 for the first two weeks, and $395.00 for additional weeks. There is a $10.00 per week discount for additional siblings. A $50.00 deposit is required by March 1, 2007 with the submission of the attached application and the remaining balance due by June 1, 2007. Attached medical and parent consent forms must be completed, and are due at registration. While minor needs are attended to by our certified nurse, occasions may arise when the services of a hospital or a physician are needed. All costs for such services will be assumed by the camper's parent or guardian.

Camp registration is held every Sunday from 2:00 – 4:00pm. Check out is Saturday after lunch.

In the event of an emergency, parents can contact Sokol Woodlands at: 845-557-8413. This number is for emergencies ONLY. Students will be allowed to make collect phone calls home during their free time. If you must speak to your child, the best time will be during meal hours. Call 845-557-9911. At other times during the day, the campers will be at various locations and not within close proximity of the phone.

Breakfast: 8:00 – 8:30am ☺ Lunch: 12:00 – 12:30pm ☺ Dinner: 6:00 – 6:30pm

The mailing address is as follows:
Camper's Name
c/o Sokol Woodlands
211 Mail Road
Barryville, NY 12719

Students will need the following supplies:
Clothing – Sokol uniform, proper gymnastic apparel for workouts, no baggy or loose clothing in the gym. Gym shoes, sneakers (two or three pairs of sneakers or shoes are recommended in case they get wet). Jeans, shorts, polo shirts/T-shirts, underwear, socks, bathing suit, foot apparel for the pool area. Jacket, sweatshirt (the temperature tends to drop quite low in the evening; warm clothing is necessary).
Linens – towels, wash clothes, pillow and pillow case, sheets and a blanket OR a sleeping bag.
Personal Articles – toothpaste and toothbrush, soap, shampoo, deodorant, etc.

FOOD AND DRINK ARE NOT ALLOWED IN THE SLEEPING QUARTERS!

Rules for acceptance and participation are the same for everyone without regard to race, creed, color, or national origin.

SOKOL WOODLANDS

Sokol Woodlands, 211 Mail Road, Barryville, NY 12719

DONATIONS TO THE STEVE BANJAK MEMORIAL SCHOLARSHIP OF SOKOL USA FARRELL LODGE 103

Up to $25.00

Thomas Skertic
Joseph Wasko
Betty Frye
John & Julianne Koborie
Ann Zordich
Jane Mowry
Susan Parkany
Olga Rock
Mike Javornicky
Mary Zorn
Donald Voytik
Helen Zofko
John & Marian Benka
Melinda Vellente
Leona Baran
Andy & Ann Jacobson
John & Martha Krizancic
Dorothy Diurba
Bill & Beverly Barnet
John & Deborah Golden
George & Kathleen Kahl
Cy Wasko
Joseph Bednarik
Mary Sobey
Patricia Voytik
Andrew Churlik
Donna Ekis
Mary Locnicar
Joseph A. Hilko
Hartford Eastern Star
Kay Mack
Karen Duhlstein
Mary Navarro
Jerry & Suzie Parkany
John & Betty Bagel

$50.00

Joseph Peytrokowski
Mark Banjak
Elmer Slezak
Lester Slezak
Christine Felesky
Andrew Balko
Joseph Krispinsky
Joseph Brashen
Stephanie Banjak
William Baran
Marian & Zuzana Murcko
Ray & Ruth Ischo
George Parkany Family
District Svätopluk
in memory of Brother Andrew Venglarčik

$100.00
Martha Ziapy
Marge Kocholek
Martin & Betty Banjak
Gerald Slezak
Kenneth Parkany
Lake Erie District
Krispinsky Family
S.G.U. Sokol 146
Sharon American Legion 299
Steve & Phyllis Parkany
Stupka Family
Milan Kovac
Debra Dixon
Joseph P. Hilko
Mary Talmon

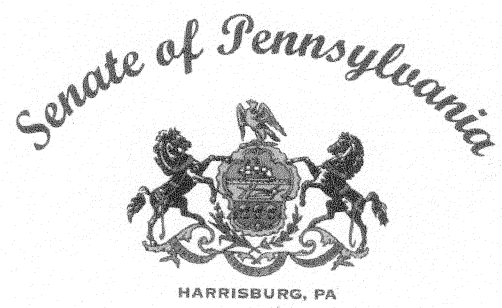
Above $100.00

Melvin and Dorothy Slezak	$5,100
Steve Banjak 90th Birthday	$1,580
Dr. Al Murcko	$540
Paul Meleky	$500
In memory of his daughter Paula	
Sokol New Kensington 130	$500
Ethel Krukar	$300
Slovak Home Ladies Aux.	$275
Kenneth and Linda Parkany	$250
Elaine Palisin	$200
District Svätopluk – Lake Erie	$175
Stephen & Oleksandra Banjak	$150

Attending the presentation of a State resolution in honor of the late Brother Steve Banjak are (from left) Judith Banjak; Oleksandra, Alexej and Stephen Banjak; Martin Banjak; Dorothy Slezak; Marge Kocholek; Melvin Slezak; and Stephanie and Betty Banjak, all members of Sokol USA Farrell, and (seated) Senator Robert Robbins, who sponsored the resolution.

Life Accomplishments of Brother Steve Banjak (1913 – 2006) Recognized by the State of Pennsylvania

The Pennsylvania State Senate passed a resolution on November 22, 2006, recognizing the life achievements of the late Brother Steve Banjak. In a ceremony in State Senator Robert Robbins' office, the resolution was presented by the senator, to Brother Stephen and Sister Judith Banjak, son and daughter of the former President of Sokol USA Farrell, Lodge 103. Sokol USA Farrell President Brother Melvin Slezak, Treasurer Sister Dorothy Slezak, as well as family members were present. A luncheon was hosted by Sokol USA Farrell following the presentation. A copy of the Resolution is printed below.



Condolences

In the Senate, November 22, 2006

Whereas, The Senate of Pennsylvania mourns the loss of Steve Banjak, who passed away on October 23, 2006, at the age of ninety-three; and

Whereas, Born in Farrell on May 2, 1913, Mr. Banjak attended Farrell High School and went on to accept employment with Sharon Auto Body, a post he held until his 1978 retirement; and

Whereas, A dedicated member of Sokol USA Farrell, Mr. Banjak served the organization in numerous leadership roles, including as President for fifty years. He retired from that role in June 2006. Under his expert guidance, the organization was lauded as one of the most active lodges in Sokol USA, with more than two hundred twenty-five members. To his great credit, Mr. Banjak also served as President of District Svätopluk, was am Auditor at the Slovak Home in Farrell and a member of the Board of Directors of Diversified Family Services of Hermitage. In September of 2002, Mr. Banjak was recognized for his tireless dedication to Sokol USA Farrell with the renaming of the Sokol USA Farrell Scholarship Fund in his honor. In addition, Mr. Banjak previously served as Superintendent of Sunday School and Councilman at the Holy Trinity Lutheran Church of Hermitage, now therefore be it

Resolved, That the Senate of the Commonwealth of Pennsylvania note with great sadness the passing of Steve Banjak, whose life greatly benefited all those who lived, served and worked with him, and extend heartfelt condolences to his son, Stephen, daughter, Judith Ann; three grandchildren; and many other family members and friends; and be it further

Resolved, That a copy of this document sponsored by Senator Robert D. Robbins, be transmitted to The Family of Steve Banjak.

Senator Robert D. Robbin
Mark R. Corrigan, Secretary

ATTENTION
LODGE AND DISTRICT DIRECTORS

Annual National Gymnastics Department Meeting
September 8-9, 2007
Host: Lodge 32 - Boonton, New Jersey

All lodge and district directors are urged to attend the Annual National Gymnastics Meeting that will begin on Saturday, September 8. Additional officers and instructors are invited to participate in the meeting as non-voting members. We hope to conclude all business on Saturday, but will continue with the meeting on Sunday morning if necessary.

Active lodges and districts will be sent a tentative Agenda, Recommendations from the National Directors and blank forms for Lodge/District Reports and Recommendations. Please bring the completed forms to the meeting. If there are additional items you would like to add to the agenda, please contact Karen Ondira at **adam40@aol.com** or Rich Yatchyshyn at **rcyatch@comcast.net**.

Accommodations for the meeting can only be made through Sokol USA Headquarters, phone # 888-253-0362 or by e-mail to **SOKOLUSAHQS@aol.com**. Reservations must be made by Monday, August 6, 2007. The cost per room is $119.00 plus taxes. The hotel information is as follows: *Holiday Inn Hotel & Suites, 707 Route 46 East, Parsippany, NJ 07054. Phone: 973-263-2000.* Room costs are the responsibility of the individual, lodge or district. Travel expenses will be covered for lodge and district directors.

We look forward to meeting with you in September. If you have any questions regarding rooms, please call Sokol USA Headquarters. For other items, contact Karen Ondira at 212-288-5301 or Rich Yatchyshyn at 215-949-4073.

Nazdar!
The National Directors

SOKOL USA
NATIONAL GYMNASTICS DEPARTMENT MEETING
September 8 & 9, 2007
Boonton Sokol Hall

Agenda:

1. 9:00 am - Call Meeting to Order
2. Pledge of Allegiance
3. Moment of Silence for Deceased Members
4. Welcome
5. Introduction and Comments – Supreme Lodge Officers and Sister Organizations
6. Reports from National Directors and Assistants
7. Reports from Lodges and Districts
8. Old Business
   a. Review of Sokolfest 2007
   b. World Federation Meeting
   c. STAR Camp Report
   d. National Camp Report
   e. ASO Kurz Report
   f. YES Committee
   g. Code of Conduct
9. New Business
   a. Recommendations from National Directors
   b. Recommendations from Lodges and Districts
   c. Training Sessions
   d. Mini-Kurz
   e. Public Relations
   f. Correspondence
10. Date and Site of the 2008 Meeting
11. Adjournment

Sokol USA National Directors Recommendations
2007 - 2008

1. That the Supreme Lodge pay for the travel, room, and per diem for the National Directors to attend the Pittsburg Slet in 2007 and to attend the World Federation Meeting.

2. That the Supreme Lodge pay for travel, room, and food allowance (the food allowance not to exceed $50.00 per day) for the National Gymnastic Department Assistants to attend the Pittsburg Slet from Wednesday, June 27 through Sunday, July 1, 2007.

3. That Sokol USA financially support Sokol USA members who will participate (a participant includes any competitor, Slet performer, judge or chaperone) in the Pittsburg Slet by paying one half of the cost of the most reasonable travel expense.

4. That a Sokol Instructors School (Kurz), sponsored by Sokol USA, be held at Sokol Woodlands by paying the full salary and expenses of the teaching staff. The instructor's salaries will be $350.00/week for the Director and $300.00/week for each instructor, plus transportation.

5. That Sokol USA financially support Sokol USA members by paying one half their tuition to attend the 2007 Sokol USA Kurz. .

6. That Sokol USA pay one half the tuition of any Sokol USA member to attend any American Sokol Kurz with the approval of the National Directors.

7. That in the event there is no Sokol USA Kurz the Supreme Lodge financially support any Sokol USA member by paying their full tuition to attend an American Sokol Kurz with the recommendation of their Lodge Director and prior to attending the Kurz, obtain the approval of the National Directors.

8. That Sokol USA conduct, and financially support, a Sokol Training and Recreation Camp (STAR) program to be conducted under the leadership of the National Gymnastic Department, organized and run in conjunction with the Camp Board of Directors, and be held at Sokol Woodlands. The Supreme Lodge will pay one thousand dollars ($1,000) to Sokol Woodlands to defray costs.

9. That a maximum of one thousand eight hundred dollars ($1,800.00) be allocated for the 2006-2007 season for hosting or participating in training sessions, mini-Kurz, or invitational competitions. A proposal must be made in advance with the approval of the National Directors. Proper documentation must be submitted within thirty (30) days of the event for reimbursement of the expenses.

10. That the Reactivation Project be continued to help any lodge that is not presently active, or to begin a new lodge with the intent of becoming gymnastically active, up to one thousand dollars ($1,000) per lodge.

11. That Sokol USA support the Professional Development of individuals who attend clinics and/or conferences related to the teaching activities of the gymnastic department. Approval of the National Directors is required. No more then five hundred dollars ($500) should be spent for the 2006-2007 season.

12. That the Supreme Lodge support "Project Safety" by reimbursing the sum of two hundred dollars ($200.00) for an expenditure of at least five hundred dollars ($500.00) on new mats or equipment in the 2006-2007 season.

13. That Sokol USA reimburse one half the tuition of the USAG Safety Certification cost to all Sokol USA member instructors with prior approval from the National Directors.

14. That Sokol USA pay the cost of Professional Membership in USAG for the National Directors for the 2006-2007 season.

15. That Sokol USA join the USAG Member Club Program as a total organization. The cost is approximately one hundred fifty-five dollars ($155.00).

16. That the National Directors and the Supreme Lodge Secretary coordinate and administer the purchase of accident insurance for all gymnastically active lodges.

17. That the Supreme Lodge pays for travel, room, and per diem for the National Directors, or their designated alternate, to attend the American Sokol BOI Meeting in the Fall of 2006.

18. That the Supreme Lodge provide fifty dollars ($50.00) per bowling team to the host lodge of the National Bowling Tournament for the "prize fund", with a minimum 20 team contribution, plus the cost of trophies or award.

19. That the Supreme Lodge pay a travel expense of five dollars ($5.00) per Sokol USA bowler attending the National Bowling Tournament, payment is to be made to the participant's lodge. The host lodge is not eligible.

20. That the Supreme Lodge pay ten dollars ($10.00) to the host lodge for every eligible Sokol USA golfer in the National Golfing Tournament plus the cost of awards.

21. That the Supreme Lodge support a National Sporting Activities up to four hundred dollars ($400) plus the cost of awards.

22. That the Supreme Lodge pays for the full travel expense for all authorized Sokol USA delegates to attend the National Gymnastic Department Meeting.

23. That the Supreme Lodge subsidize the cost of tuition for up to ten Sokol USA campers to attend the National Camp.

24. That Sokol USA continue a Sokol and/or Athlete of the Month to be published in the Sokol Times.

25. That Sokol USA lodges conducting weekly gymnastic programs can apply for financial aid from the Supreme Lodge in order to supplement the compensation of instructors. Lodges that received funds for the 2005-2006 program year will submit a detailed explanation of how the funds were used and will request

(Continued on Next Page)

SOKOL USA
NATIONAL GYMNASTICS DEPARTMENT MEETING

(Continued from Previous Page)

designated amount for the 2006-2007 year. Based on the information received, a total of $6,000 or $1,200 per gymnastically active lodge is requested.

Sokol USA National Gymnastics Department Meeting

Recommendations

Year: _____

Lodge/District_____

Director_____

Directress_____

Rcomendation#1:_____

_____

_____

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Recommendation#2_____

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Recommendation#3_____

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Sokol USA National Gymnastics Department Lodge/District Yearly Report

Year: _____

Lodge/District_____
Director of Men_____
Director of Women_____

Gymnasts (Indicate number in each group):

Sokolette_____ Junior Girls_____ Sr. Women_____

Sokolads_____ Junior Boys_____ Sr. Men_____

Tots_____ Cheerleaders_____ Instructors_____

List the nights on which you hold classes & indicate which group's gym:

_____

_____

Note other activities that are conducted in your gym:

_____

_____

_____

_____

List any fundraisers you have conducted this year:

_____

_____

_____

_____

List the number of participants you had in each of the following:

District Competition_____ US of E Competition_____

Eastern Area_____ Other Competitions_____

Slet(s) _____ Kurz_____

STAR_____ Nat'l Camp_____

Nat'l Bowling Tournament____ Nat'l Golfing Tournament_____

Other_____

Describe any events that have taken place in your lodge, district or in which your gymnasts participated (Attach additional sheets if necessary):

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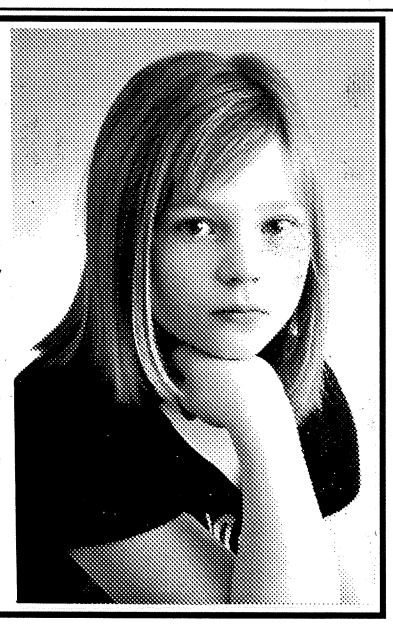
Star Camper



Holly Trnka, age 10, is a member of Lodge 306. The daughter of Michael and Kathy Trnka, she lives in West Chester, Pa., with her brother John. Both Holly and Johnnie will be STAR CAMPERS at Sokol Woodlands this summer. Holly is a member of the Pancott School of Gymnastics Performing team in West Chester. She is the grandaughter of Sokol Champion Milan and Pauline "Honey" Trnka.

WE ALSO COOK
A SHARING PARTY

SHOW & TELL-- SLOVAK WEEKEND
AUG 3-5 SOKOL WOODLANDS
BARRYVILLE, NY
Rate for sleeping & dining – 2 nites
$125 each person in Motel
$100 each person in Dormitory
$ 50 each Saturday—day only
$180 each person Eldred Preserve

RESERVATIONS FOR SLEEPING & DINING
Mrs. Charles (Bielka) Bednar
1285 Sheridan Road, Coopeersburg, PA 18036
610-967-3794; beluse@aol.com

VOLUNTEERS TO SHOW & TELL
APPETIZERS, SOUPS, MAIN COURSES
DESSERTS & OTHER
Contact Mrs. Milan (Honey) Trnka
827 Roslyn Avenue, West Chester, PA 19382
610-696-9137; ptrnka@comcast.net

INFORMATION – QUESTIONS – INPUT
Contact Mrs. Adelaide Darula
28 High Street, Greenwich, CT 06830
203-531-9532; adelkadarula@aol.com

SOKOL USA
NATIONAL GYMNASTICS DEPARTMENT MEETING

(Continued from Previous Page)

List the names, addresses, phone numbers and e-mail addresses of all instructors in your lodge:

Name _____

Phone # _____

Address _____

Town _____ State _____ Zip _____

e-mail _____

Name _____

Phone # _____

Address _____

Town _____ State _____ Zip _____

e-mail _____

Name _____

Phone # _____

Address _____

Town _____ State _____ Zip _____

e-mail _____

Name _____

Phone # _____

Address _____

Town _____ State _____ Zip _____

e-mail _____

Name _____

Phone # _____

Address _____

Town _____ State _____ Zip _____

e-mail _____

SOKOL WOODLANDS CALENDAR

FROM	TO	ACTIVITY
June 23	June 24	Open
June 30	July 2	4th of July Weekend
July 8	July 14	Star Camp (week #1)
July 9	July 13	Day Camp (week #1)
July 15	July 21	Star Camp (week #2)
July 16	July 20	Day Camp (week #2)
July 22	July 28	Star Camp (week #3)
July 23	July 27	Day Camp (week #3)
July 30	August 3	Day Camp (week #4)
July 30	August 3	National Camp
August 3	August 5	Show and Tell
August 6	August 10	Day Camp (week #5)
August 10	August 12	Clam Bake
August 13	August 17	Day Camp (week # 6)
August 18	August 26	Open
Sept 1	Sept 3	Labor Day Weekend

MCT APRIL MEETING 2007

The April 22nd meeting was deserving of a welcoming Nazdar from President Matt Blistan Sr., which had a Slovak purpose. The afternoon meeting was attended by 29 members. The June/July Sokolfest updates were favorable and the committee delegate reports were promising. The lodges were well represented.

Brother John West, Financial Secretary, gave his latest report on paper to each member in attendance, showing conditions as they are after Secretary Patricia Blistan read her October 2006 minutes to all.

A pleasant visit by Supreme Officer Milan Kovac was fraternally welcomed when he presented a 10-page Actuary CPS update from years 2002 to 2006. The growth in members is still the most important issue facing the Sokol organization now.

Finalizing reports for the coming XXV Sokolfest in Pittsburgh were given by Brothers Steve Tomko and Joe Bielecki. Sponsorship and support were made known.

The afternoon raffle was won by Brother Bielecki with good intentions.

The next MCT meeting will be on October 28, 2007. Mark your calendars and follow through on early delegate reservations.

Nazdar!
Amelia Blistan, Reporter
MCT District PA

PITTSBURGH LODGE 276 OFFERS RESPECT FOR SENIOR OFFICER

After assembly flag procedure on May 6, 2007, our members grew silent in prayer to honor our former Vice President and Senior Gymnast Sister Lillian Tabacjar McNally, who died on April 11, 2007 after a lengthy illness. We miss her good ways of direction for the Lodge and know she was a firm believer of the Sokol Way of Life.

On May 19 and 20, six Pittsburgh finalists bowled in the Latrobe, Pa., Lincoln Lanes Tournament with Blairsville bowlers. Practice successfully prepared the bowlers for the tournament.

Sokol members and the Pittsburgh Church members should attend the 10th Annual Summer Picnic on August 19 in Evergreen Park. Please bring your favorite casseroles. Remember you sunscreen and wide brim hats if you like sitting outdoors on the veranda for awhile. There are tables under the roof.

The XXV Sokol Pittsburgh Festival on July 1 will make all seniors and other performing calisthenics a Field of Cultural Beauty.

Nazdar!
Amelia Blistan, Reporter
Pittsburgh Lodge 276

KENT-DUDINCE DINNER CELEBRATES 4TH ANNIVERSARY

Article courtesy of Margaret Garmon
Record-Courier correspondent

The Kent-Dudince Sister City Association celebrated its fourth anniversary with a weekend of activities for Slovakia tour participants and a dinner at the Kent Elks Club.

More 25 Kent-Dudince members and guests gathered on a recent Saturday evening at the Rusty Nail for a dinner to share memories of past trips to Dudince, Slovakia, and other places of interest they visited in Slovakia, Hungary, Austria and Poland. More than 150 members and guests gathered the following Sunday for a dinner at the Kent Elks Club.

Entertainment for the dinner included traditional Slovak music and dancers with performances by the Johnny Pastirik Band, Pittsburgh Slovakians Folk Dance Ensemble and the Slovak Vocal Ensemble of Greater Cleveland.

Kent Dudince officers Rudy Bachna and Lexia Yankovich greeted guests, and Yankovich served as master of ceremonies. John Fender, Mayor of Kent, was among the speakers. Fender read the greetings sent from Stefan Pokluda, Mayor of Dudince.

"From the heart of Europe, the small county of Slovakia and from our beautiful spa town of Dudince," sending warm wishes of celebration to officers and members of their sister city of Kent, Pokluda wrote.

"Although we are a great distance apart, we will joyfully join in your celebration," Pokluda added.

U.S. Senator George Voinovich sent greetings and congratulations. George Brown, an assistant to Voinovich, delivered a proclamation on behalf of Voinovich.

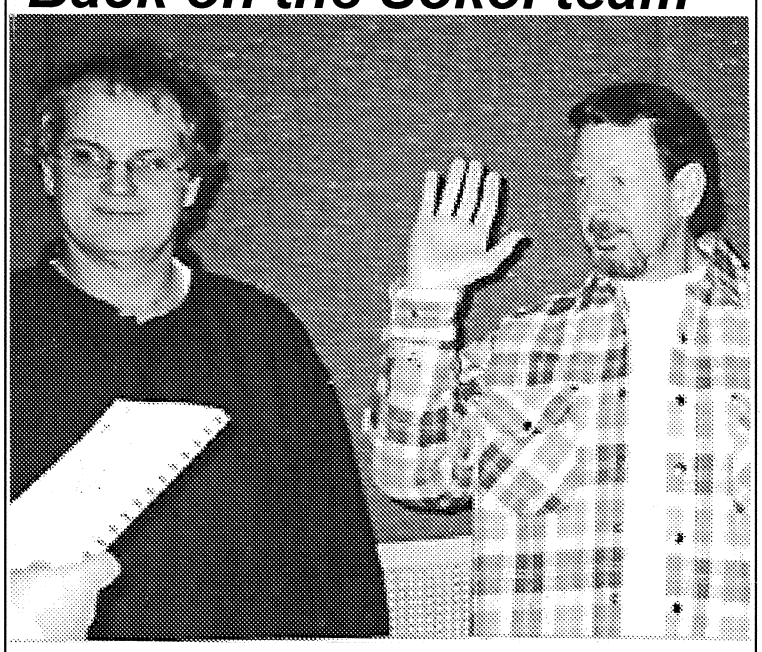
Guests enjoyed music provided by the Johnny Pastirik Band with musicians Pastirik, Ken Javor and Len Jacko, popular and favorite performers who have performed for previous banquets.

The Slovak culture portion of the program included the Pittsburgh Slovakians Folk Ensemble under the direction of Sue and Rudy Ondrejko, who performed Slovak dances and songs in traditional Slovak costumes. Slovenske Mamicky performers included Milka Anderko, Maria Cvicela and Monica Smid.

Special guests also included Andrew Hudak Jr., Director of the Slovak Institute in Cleveland, and Tony Beno of the National Slovak Society.

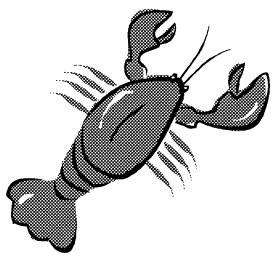
This year's Kent Dudince Sister City Association included the presentation of a proclamation from U.S. Senator George Voinovich. From left are Dr. Bob Stevenson; George Brown, Assistant to Voinovich, who delivered a proclamation on behalf of the senator; Rudy Bachna, Lexia Yankovich and Roak Zeller. Stevenson, Bachna, Yankovich and Zeller are officers of the Kent Dudince Sister City Association. (Photo by Don Madar)

Back on the Sokol team



Kenneth Kolok (left) takes the oath of membership to Sokol USA in Byram with Darrell Ingram as his "stand by" supporting Sokol Brother. Lodge 7 members warmly welcomed Kolok, whose Sokol fraternal interests have surfaced after an intermission of several decades. Kolok's participation in gymnastic classes through childhood and young adult years was interrupted by years of devotion to family and business commitments. Recent retirement brought fraternal interests to his life, including pursuing his interest in the Country Music field. Ken's guitar and voice bring beautiful sounds from the Sokol Bar Stage. Nazdar, Brother Ken, to your re-entry to our Sokol World. Nice to have you back on the team.

Sokol Woodlands Annual Clambake



August 10-12, 2007

Price per person includes:
Friday – bar snacks
Saturday tradition – Bake all day
Sunday brunch
Sleeping accommodations for Friday and Saturday nights!

$125 per person, for double occupancy in motel room
$115 per person, for 3 or more in motel room
$95 per person, for bunk in cabin (bring your own sleeping bag or linens)
$75 per person, for the Saturday clambake only

Children under 6 eat for free – Children 7-16 eat for $30!

Email reservations to: SokolWoodlands@yahoo.com
Or call Brandi Kovac at: 908-400-2169

Sokol Social News

HAPPY BIRTHDAY

Robert P. Raykos of Bethlehem, Pa., a member of Sokol USA Lodge 93 in Bethlehem, celebrated his 72nd birthday on March 28th.

Attention Lodge Directors

The American Sokol Organization has announced their 2007 Instructor School. Since it has been decided that Sokol USA will not host an Instructor School this year, the following recommendation will be in effect:

That in the event there is no Sokol USA Kurz, the Supreme Lodge financially support any Sokol USA member by paying their full tuition to attend an American Sokol Kurz with the recommendation of their Lodge Director and prior to attending the Kurz, obtain the approval of the National Directors.

Take advantage of this financial support and send your prospective instructors to the ASO Instructor School this summer.

National Directors Sokol USA

2007 American Sokol Organization Instructor School

July 16 - July 30

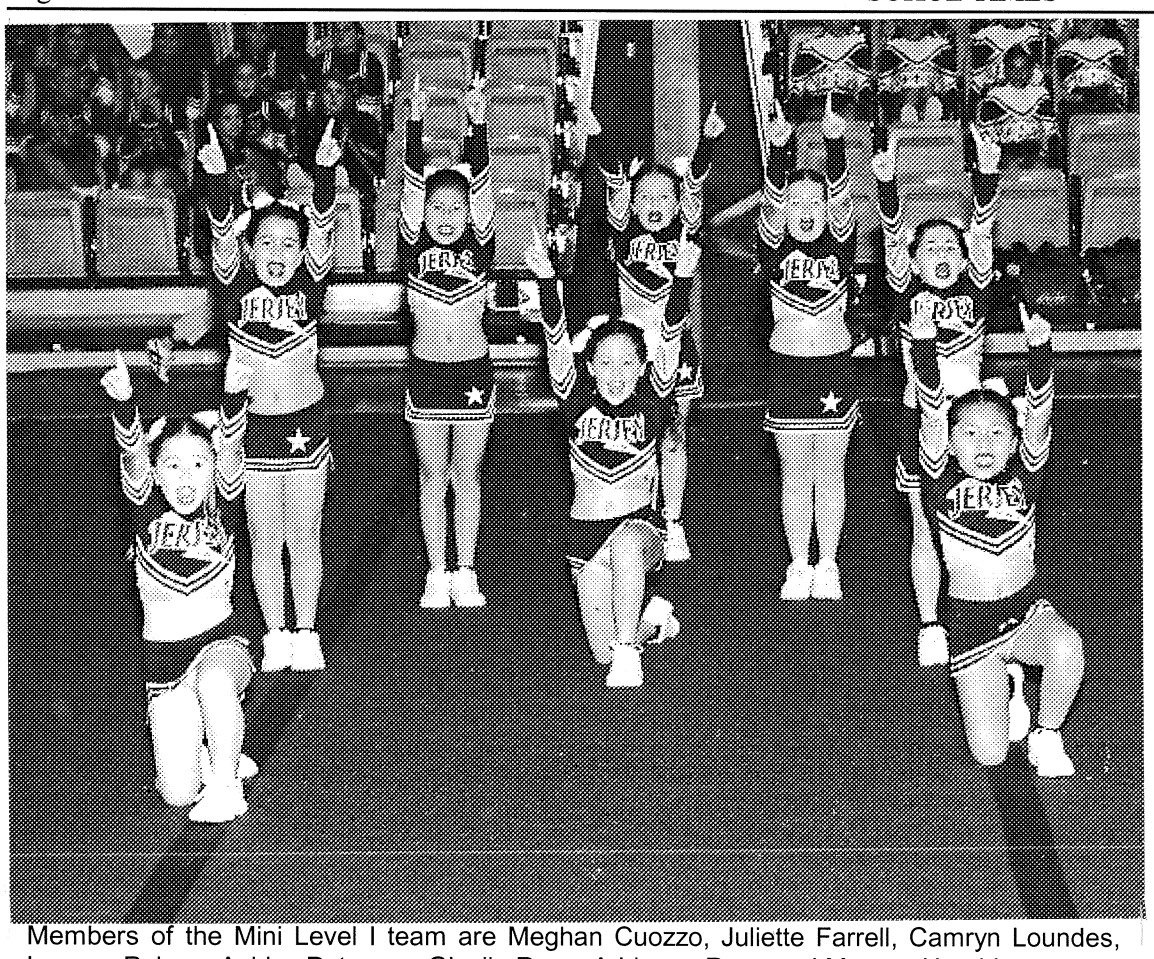
Novice, Beginner, Intermediate, Advanced & Advanced II

Hosted By: Sokol Greater Cleveland

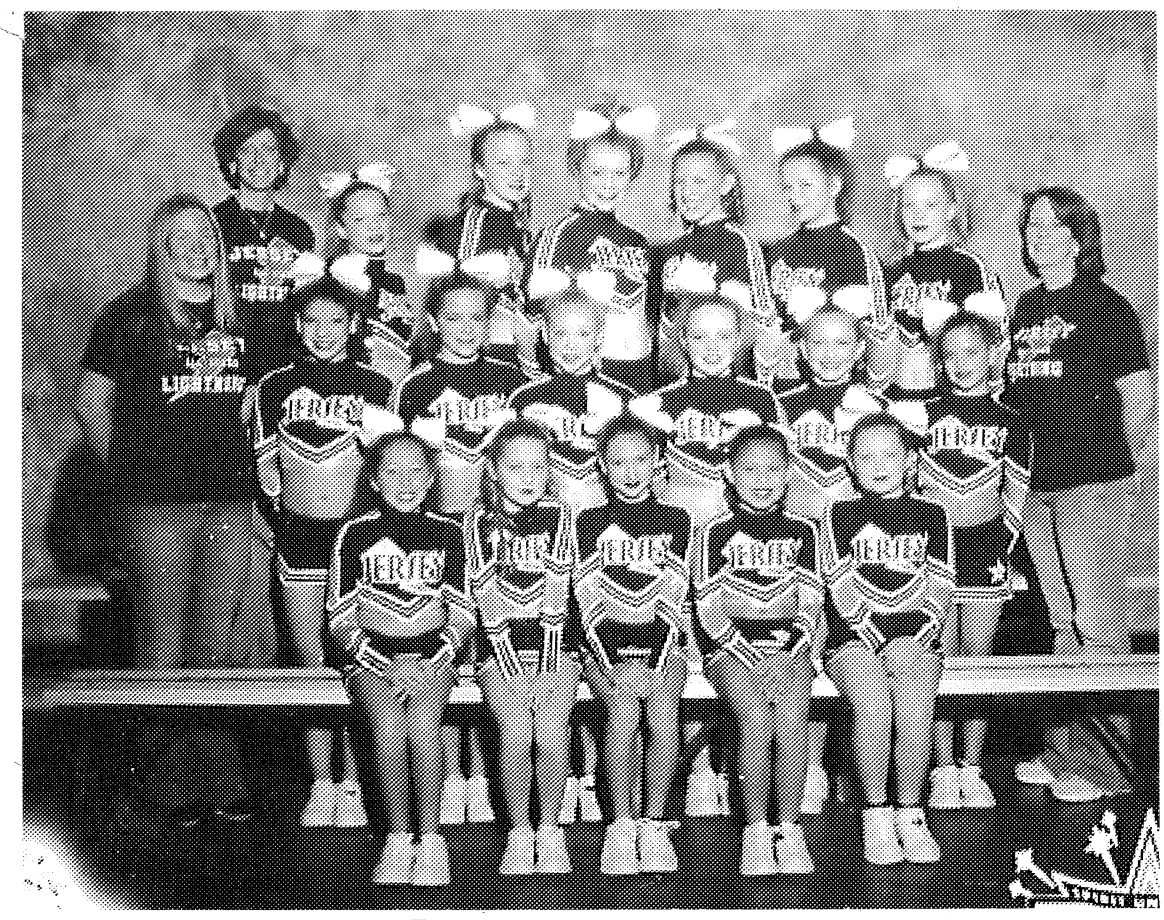
Students should plan to arrive on July 16 before 6:00 PM
Graduation Ceremonies will be on July 29
Flight arrangements should be no sooner than 1:00 PM on July 30
Deadline for Application Forms - ***June 1***

For more information go to: http://www.american-sokol.org/boi/is/
or contact instructor school secretary Jane Wise:
(216) 642-1429 or E-MAIL hjwise@sbcglobal.net

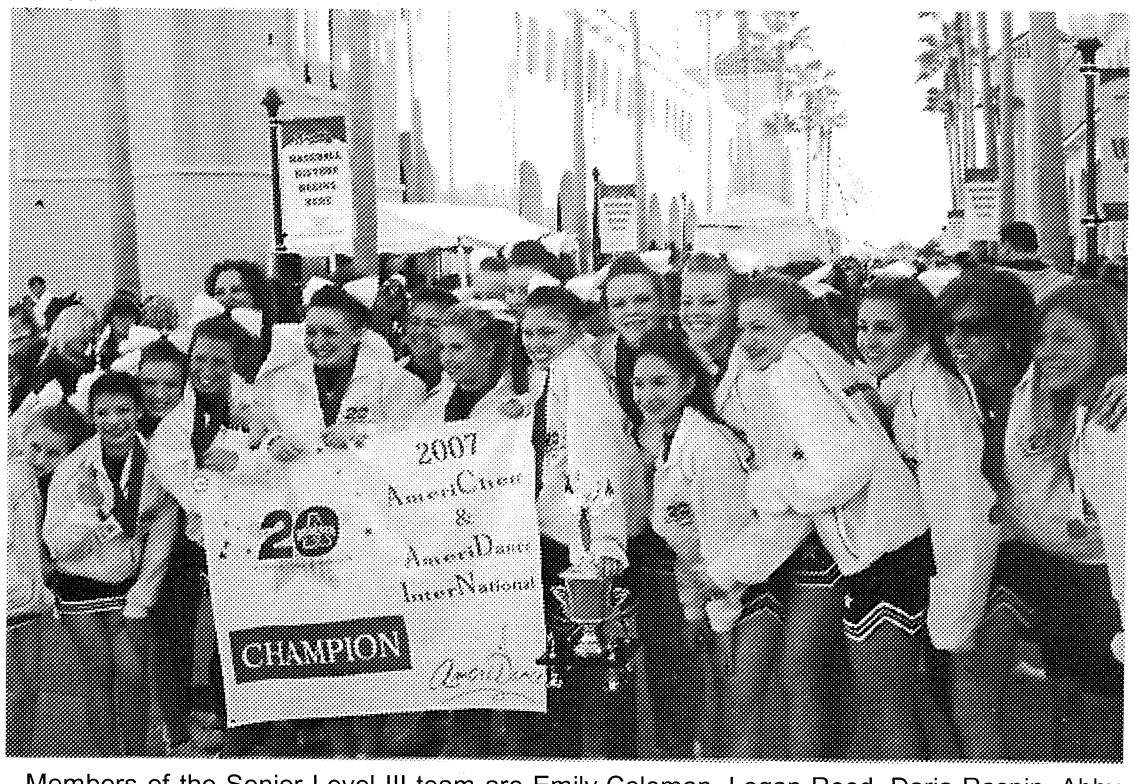
Extra Curriculum Offerings to Include:
USAG Safety Certification & PDP Level I



Members of the Mini Level I team are Meghan Cuozzo, Juliette Farrell, Camryn Loundes, Leanne Palazo, Ashley Paterson, Gisella Rasp, Adrianna Rasp and Morgan Headden.



Members of the Junior Level II team are Gisella Rasp, Maggie Coleman, Halle Mazzei, Jessica Patterson, Kaitlyn Pomponio, Tara Price, Logan Reed, Breyanna Ruffolo, Emily Sorochynskyj, Stephanie Sorochynskyj, Terese Whritenour, Samantha Ritzer, Rachael Ziggler and Abby Deffler.



Members of the Senior Level III team are Emily Coleman, Logan Reed, Daria Raspin, Abby Deffler, Brittany Greff, Sarah Harvey, Taylor Kogan, Sammi Lee, Heather Montrose, Alyssa Peterson, Courtney Price and Amanda Ustupski.

Sokol Lodge 32 Jersey Lightning Cheerleading Competition

The Cheerleading Squad from Sokol Lodge 32, known as the "Jersey Lightning," had a terrific, award-winning year at all age levels.

The Mini Level I won many first place awards. They also won the New York Big Apple Nationals. Members of Mini Level I are: Meghan Cuozzo, Juliette Farrell, Camryn Loundes, Leanne Palazo, Ashley Paterson, Gisella Rasp, Adrianna Rasp and Morgan Headden.

The Junior Level II also achieved many top three awards. Most of these girls are new to cheerleading and have not cheered at this level. The team is made up of a majority of fourth through seventh graders. Their greatest achievements were scoring higher than other junior teams with all seventh, eighth and ninth graders.

The Junior Level II members are: Gisella Rasp, Maggie Coleman, Halle Mazzei, Jessica Patterson, Kaitlyn Pomponio, Tara Price, Logan Reed, Breyanna Ruffolo, Emily Sorochynskyj, Stephanie Sorochynskyj, Terese Whritenour, Samantha Ritzer, Rachael Ziggler and Abby Deffler. The captains are Sarah Harvey, Heather Montrose and Daria Daspin.

The Senior Level III had an amazing year, and it is not over yet. In the Baltimore competition in February, two stunt teams achieved a fourth place trophy and, for the second year in a row, the second stunt team won first place. Members of the first place stunt team are Sarah Harvey, Caitlyn Harvey, Brittany Greff, Jaime Whritenour and Arielle Mazzei. In January, the team won a First Place bid to "Worlds," which the girls attended in May. In March, a National Title was won in the New York Big Apple Competition. Also in March, an International Championship title was won in Orlando, Fla. The girls were given a parade down MGM Boulevard, rides and a fireworks display.

Senior Level III members are: Emily Coleman, Logan Reed, Daria Raspin, Abby Deffler, Brittany Greff, Sarah Harvey, Taylor Kogan, Sammi Lee, Heather Montrose, Alyssa Peterson, Courtney Price and Amanda Ustupski. Captains are Jaime Whritenour, Arielle Mazzei and Caitlyn Harvey.

Our thanks to the coaches of all three levels: Amanda Ustupski, Jamie Kiffer, Annie Wach, Danielle Tarvin, Laurie Harvey and Kim Mazzei.

Best of luck to our graduating seniors: Arielle Mazzei, Caitlyn Harvey, Courtney Price and Jaime Whritenour.

Sokol Lodge 32 is very proud to sponsor this very special Cheerleading Team, "Jersey Lightning." Congratulations to all participants

The Stunt Team

IN MEMORY

Of our deceased Brother and Sister Sokols with a sincere expression of sympathy to their families from the Supreme Officers of Sokol U.S.A.

ANNA BANKO – (1915-2007) A member of Lodge 12 in Newark, N.J. She is survived by a daughter, Christine Napiorski, and a son, Victor Banko Jr.

MARGARET D. KIAK – (1922-2007) A member of Lodge 66W in Bethlehem, Pa. She is survived by two sons, John and Richard Kiak, and a daughter, Catherine Savitake.

MICHAEL S. FARRELL – (1953-2007) A member of Lodge 32 in Boonton, N.J. He is survived by his wife, Alice Walek Farrell, and three children, Rachel, Kate and Michael.

JOHN LABAS – (1914-2006) A member of Lodge 50 in New Britain, Conn. He is survived by his wife, Susan Labas, and a son, John O. Labas.

LILLIAN MCNALLY – (1926-2007) A member of Lodge 276 in Pittsburgh, Pa. She is survived by a son, David P. McNally, and a daughter, Lillian H. Dancison.

THOMAS LENNER – (1912-2007) A member of Lodge 220 in Dunellen, N.J. He is survived by his wife, Rachel Lenner.