

# SOKOL TIMES

THURSDAY AUGUST 11, 2011

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## From the President's View

It is late July as I write this article and I harken back to our Sokolfest in Cleveland just a few short weeks ago. It was a wonderful time and people came from all around North America and Europe to participate.

The Sokolfest is a classic example of fraternalism at work. Many people came together to pursue a common goal, to create a great Sokolfest so that all who attended would have a fun time. Many, many people told me what a good time they had. People enjoyed themselves greatly. There was camaraderie in the air and old friendships were renewed and new friendships were made. People came from near and far, some as sports competitors, some to attend the social events and connect with old friends, and others came for the first time to see what a Sokolfest is all about. Leaders of the World Sokol Federation, Sokolfest 2011! Ceska Obec Sokol, Sokol The Gymnastic Department Slovenia, Sokol Serbia, Sokol provided many fun and Canada, the American Sokol interesting events. It all started Organization, and the DA Sokol with the opening ceremony. The came to join the celebration and sound and light showcase of the sports at the Sokolfest 2011 and children participants was to salute Sokol Canada's 100<sup>th</sup> innovative and interesting. Many anniversary. opening ceremony attendees

A great deal of advance remarked to me about its planning, teamwork, creativity and energy. The consultations, committee work highlight of three generations of and volunteers are needed to Sokol sports women in one have a successful event. It was family illustrated how Sokol's clear from how smoothly the sports traditions have been events flowed and from how shared and passed down much fun the participants and through the generations. The guests had that all of the wheel gymnastics demonstration planning, teamwork and hard was contemporary and inspiring. work resulted in a successful (Continued on Page 6)



Joseph Bielecki



The Color Guard leads the Grand March of Sokolfest XXVI on Saturday, July 2 at the Independence High School Football Field in Independence, Ohio.

## Opening Ceremonies Invited Audience to 'Follow the Falcon'

By Chris Yatchyshyn

Sokolfest XXVI began with a unique Opening Ceremonies written and directed by Stephen Banjak of Sokol USA Farrell. Held at the Independence High School Gymnasium on Wednesday, June 29<sup>th</sup>, the festivities began with a multimedia, interactive story told by "Talon" the Sokol Falcon. The audience was invited to "Follow the Falcon" on a journey that introduced them to the young Miroslav Tyrš and explained the concepts upon which he founded the worldwide Sokol organization. To enhance the story, there were a power point presentation, sound effects and demonstrations.

To begin, the Sokol Farrell children invited other youngsters in the audience to participate with them by demonstrating various aspects in the narrative, such as rowing a boat, ringing a bell, and throwing snowballs, that helped depict Tyrš' childhood. As the story progressed, the children remained seated at the corner of the floor exercise, giving them up front seats to watch the more advanced numbers. To start the special performances, the children were asked to "close their eyes... just for a moment and possibly imagine the sights and sounds of the people in his (Tyrš's) village" as the Sokol Greater Cleveland Czech Folk Dances arrived to perform a medley of dances.

To emphasize how Sokols strive for perfection in their exercises, Sokol Tabor, winners

of the Team Marching Competition, performed their top-notch routine. Next, the highly talented Monessen Sokol gymnasts demonstrated what it means to have "A Sound Mind in a Sound Body" by performing an exciting tumbling and dance number. To highlight the development of strength with grace and beauty, Monessen gymnasts Kate Thieret and Al Voht simultaneously performed floor exercise routines.

To characterize other cultural activities enjoyed in the Slovak and Czech heritages, Bibiana Murcko of Sokol Farrell read a portion of a poem by Hviezdoslav, a famous Slovak poet. Next the falcon explained that Sokol has always been a pioneer for women's rights and their participation in physical activities. To represent the contributions of women to Sokol, three generations of the Kovac family from Sokol Central Jersey, 5-year-old Emeline, her Aunt Brandi and her Grandma Ellen, performed a heartwarming, joint floor exercise routine.

A special Wheel Gymnastics number, representing the evolution and change that Sokol must experience, was introduced next. First, Samantha and Matthew Pracko from Sokol Lodge 306 Chicago demonstrated beginner skills, followed by Max and Candi Pager from Sokol Spirit. The final wheel number was performed by an invited, world-class wheel gymnast who delighted the audience with her skills.

*The audience was invited to "Follow the Falcon" on a journey that introduced them to the young Miroslav Tyrš and explained the concepts upon which he founded the worldwide Sokol organization.*

The falcon next exclaimed that "We the members of Sokol USA roll out the red carpet for you and say, 'VITAJTE' and 'NAZDAR'." Then a group of older Sokol Farrell gymnasts emerged to perform a precision flag number that would end by serving as an entrance way for the national flags, followed by the national anthems. President Joseph Bielecki then officially opened Sokolfest XXVI.

The Opening Ceremonies led into a "Happy Birthday" bash on the occasion of the 100<sup>th</sup> Anniversary of Sokol Canada. Refreshments were enjoyed by the over 500 spectators and performers.

Special thanks to Stephen Banjak and the Farrell gymnasts, all the special number performers, and to Monessen Sokol's Howdy DeWitt, who admirably portrayed "Talon," the Sokol falcon. To see great photos of the Opening Ceremonies and all the Sokolfest competitions and events, be sure to visit Donn Ruhl's Sokol galleries at [www.teamfred.smugmug.com](http://www.teamfred.smugmug.com).



Brandi Kovac (right) and Jennifer Moulton (left) congratulate Christina Pegg of Lodge 103, Farrell, Pa., for being the first Sokol member to join Sokol USA's Healthy Heart Walking Club and be the first to complete all four levels of walking milestones. Story on Page 4.



# SOKOL TIMES

official organ of the  
SLOVAK GYMNASTIC UNION SOKOL  
OF THE USA

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## NOTICE OF MEETING

### The Supreme Lodge of the S.G.U. Sokol of the U.S.A.

will meet  
**September 17, 2011**  
**1 PM**

**Embassy Suites Hotel**  
**Parsippany, NJ**

**The Finance Committee**  
**will meet at 6 PM**  
**on Friday, September 16, 2011**  
**in the Embassy Suites Hotel,**  
**909 Parsippany Blvd.,**  
**Parsippany, NJ**

*All requests, recommendations and grievances  
from Members, Lodges and Districts must be  
received at Headquarters no later than  
September 10, 2011.*

Joseph S. Bielecki  
Supreme President

Milan S. Kovac  
Supreme Secretary

## WE GRATEFULLY ACKNOWLEDGE

### A CONTINUING GIFT TO THE MILAN GETTING SCHOLARSHIP FUND OF \$1,000.00

**Given in memory  
of my beloved parents,**

**Emma Radakovich Fronko**  
**(1910-2004)**  
**and**  
**Stephan Francis Fronko**  
**(1906-1993)**

**By Barbara Fronko Froehlich**

*The Milan Getting Scholarship  
Committee sincerely thanks  
Mrs. Froehlich for her continued  
support of the scholarship program.*



**BEDNAR KLIMOW AWARD WINNERS** – Though the intent of the Bednar-Klimow Award is to encourage Slet participation by Sokol USA lodges, this year the directors made an exception and presented the award to an American Sokol Unit - Sokol Greater Cleveland – who had over 250 participants in Sokolfest XXVI. Pictured from left are Sokol USA Director of Men Todd Yatchyshyn, SGC Directors Howie and Jane Wise, and Sokol USA Director of Women Chris Yatchyshyn.

## Thanks and Congratulations on Sokolfest

Below are e-mails and letters of thanks and congratulations we have received. The good wishes are really for everyone who helped make Sokolfest XXVI a success. We want all our volunteers to know how much your dedication and efforts were appreciated by our brother and sister Sokols.

Sokol USA Directors

On behalf of the American Sokol, I would like to thank Sokol USA for their extraordinary efforts and pride in planning and hosting this year's Slet. We had a wonderful time and the spirit of the event continues to remind us of the importance of these gatherings.

We are preparing our trip to Prague for the 2012 Slet and look forward to seeing everyone there.

In Milwaukee in 2013, we hope that we can create the same excitement and passion that we found last week in Cleveland. Our plan to expand to new horizons will require everyone's dedication and participation. We know that we can count on our Sokol brothers and sisters to lend a hand as we continue to make history with our Sokol Holiday!

Thanks again and Nazdar!

Tom Pager, President American Sokol

A great time was had by all (although my body is still trying to recoup). It is always great to see all our Sokol friends helping and encouraging each other, sharing ideas and having fun. Thank you, Chris and Todd, for a great Sokolfest.

I, too, am looking forward to being together again in Prague 2012 and Milwaukee in 2013!

Nazdar,

Maryann Fiordelis

American Sokol National Physical Director

On behalf of Sokol Greater Cleveland, we would like to congratulate you for organizing a very successful 2011 Sokolfest.

The monumental amount of time you and Todd spend in preparing for this Slet was very evident to all of us that attended because each event seemed to flow effortlessly until it was completed. We appreciate all your efforts.

The convenience of having all the activities in the Independence Athletic Complex was appreciated by all of us.

We were extremely thrilled to receive the Bednar-Klimow Award and will proudly display the trophy at our gym with the special significance that this award brings.

Thank you for making the Sokofest enjoyable for us.

Nazdar,

Howie Wise, Men's Director

Jane Wise, Women's Director

Had a great time at the Slet! Great to see old friends and got a chance to meet new ones! Thanks for all your time and efforts in making it happen!

Thanks and Nazdar,

Barb Vondra

Thanks to all the sisters and brothers for job well done, for welcoming and celebrating with us 100 years Sokol in Canada. This shows you we are from different organizations but we all are one group, we are Sokols.

Nazdar!

Anna Janous

Yes, Sokol Canada also congratulates Sokol USA for a great Sokofest. Great time and especially that we got to see ya. Job well done.

Wendy Malysak

I know very well that my thanks come rather late but immediately after my arrival from Cleveland I left for my holiday and today I have, after all, the occasion to express to all of you who made such a great job and prepared and realized your wonderful Sokolfest my admiration and thanks. I am still full of great experiences.

I wish also thank you very much for the preparation the facilities for the WSF Board meeting and all services you provided us with. I only hope we will be able to reciprocate all that to all of you next year in Prague. I look forward to meeting you here.

With my best regards and Nazdar,

Vladimir Dostal, WSF Secretary

COS Head of International Affairs

Thank you all for a job well done. You deserve kudos and time to get a little R&R after producing a very fine Slet.

Milan Kovac, Sokol USA

Thank you Charity, Chris, Rich, Todd, Amy, Eric, Matthew, Bea, Sokol Greater Cleveland, and all who contributed to a very well-planned and well-executed Sokolfest!

CONGRATULATIONS! It was fantastic!

Ellen Kovac, Central Jersey

Great job by everyone! Nazdar!

Eric Skovronek, Boonton

Thank you for including us in Sokolfest XXVI. It was a pleasure meeting and serving you and your fellow members. The boosters and the teams did make some monies to help our athletic programs. I hope you all enjoyed your time here in Independence and our surrounding areas. Once again, we'd like to thank you and your group for the opportunity to be part of Sokolfest and wish you all the best in the future.

Ray (Independence High School Athletic Boosters' President)



# Sokolfest 2011 in Independence, Ohio

## SPECIAL THANKS TO OUR SOKOLFEST SPONSORS

### Sokol USA District MCT

PLATINUM SPONSOR

*Sponsor of the Sokolfest Banquet*

### Sokol USA District

Jan Francisci

SILVER SPONSOR

*Sponsor of the Participants' T-shirts*

### Sokol USA

### New Kensington Lodge 130

SILVER SPONSOR

*Sponsor of the Participants' BBQ*

### Sokol USA Pittsburgh Lodge

276

BRONZE SPONSOR

*Sponsor of the Opening Ceremonies*

### Debbie Golden

BRONZE SPONSOR

*Sponsor of the Golf & Bowling  
Tournaments*

### OPSTA Home LLC

RED WHITE & BLUE SPONSOR



The Juniors and Young Adults put on a great show when they performed their calisthenics that included many unique movements and lifts. The cal was written by Stacy Hoffman (right), Charity Ruhl (left) and Kate Thieret.



The Ceska Obec Sokol presents to Slovak Gymnastic Sokol of the USA on the occasion of the XXVI Slet. This plaque designed by Josefa Nalepy.



The finale number was the Senior Calisthenics written by Anna Janous (center). The performance was dedicated to all that Sokol Canada has achieved over the past 100 years.

## Sokolfest XXVI Photos and Results

Don't miss Donn Ruhl's fantastic gallery of Sokolfest photos at  
[www.teamfred.smugmug.com](http://www.teamfred.smugmug.com)

For all competition and tournament results, go to  
[www.sokolusa.org](http://www.sokolusa.org)

## Thank You Awards Fund Donors

**Sokol USA Lodge 64, Detroit, MI**  
**Sokol USA Lodge 276,**  
**Pittsburgh, PA**

**Paul J. Lojpersberger**  
**Sokol USA Lodge 2, Bridgeport, CT**

**Sokol USA Lodge 12, Union, NJ**  
**Sokol USA Lodge 114, Sleepy Hollow, NY**

**Bindas Family - Boonton, NJ**

**Adrienne Filip**

**First Catholic Slovak Union**

**Helen Koudelik**

**Milan Kovac**

**Jan & Anna Sopoci**

**Emil Trgala**

**Sokol Ceska Sin**

**Sokol USA Lodge 26, Guttenberg, NJ**

**Sokol USA Lodge 32, Boonton, NJ**

**Sokol USA Lodge 39/40W, Chicago, IL**

**Sokol USA Lodge 103, Farrell, PA**

**Willowtree Gym**

**Betty Bagel**

**Sokol USA Lodge 122, Kenosha, WI**

**Sokol USA Lodge 258 Campbell, Ohio**

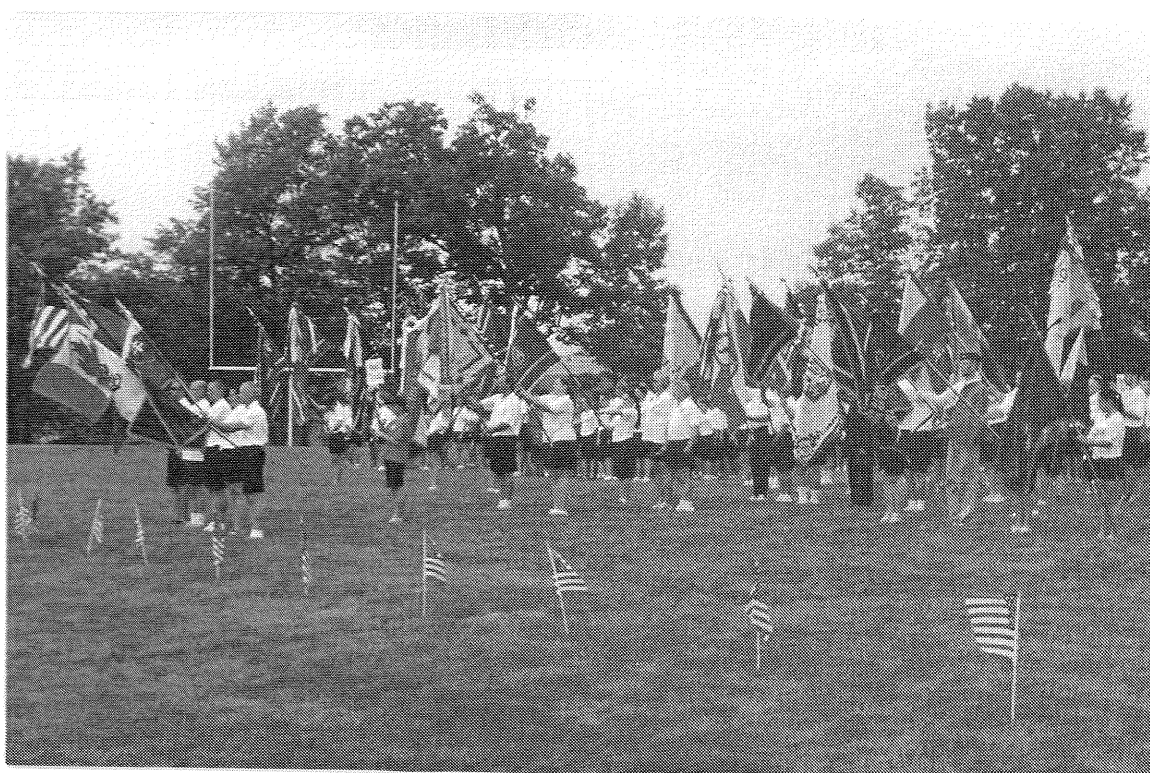
**Sokol USA District Pavel Mudron**



# Sokolfest in Independence, Ohio



Relay Team Winners – Sokolfest XXVI Relay Race Champions – American Sokol



The 4 p.m. Slet performance began with an impressive Grand March followed by the national anthems.



The Parents and Tots from Greater Cleveland demonstrated that even the youngest Sokol members can put on a great calisthenics performance.

## WALKING CLUB STRUTS THEIR STUFF!

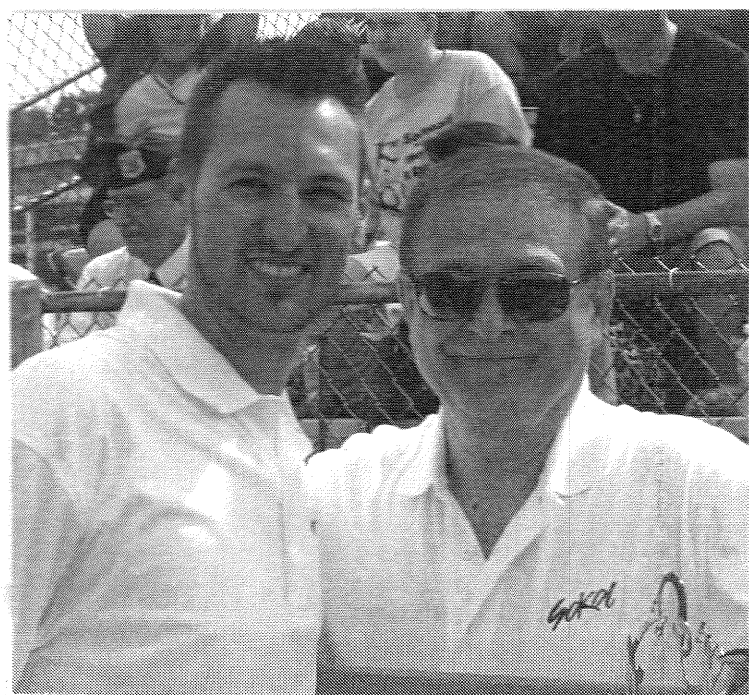
Sokol USA's Healthy Heart Walking Club made its first appearance as a group at the 2011 Sokol USA Slet held June 29<sup>th</sup> to July 2<sup>nd</sup> in Independence, Ohio. During Wednesday night's Opening Ceremonies, Brandi Kovac and I spoke to the crowd about the origin and purpose of our Walking Club, and about the benefits of walking in general. Then, we recognized the first active member of the Walking Club, Christina Pegg of Lodge 103, Farrell, Pa. Not only was Christina the first Sokol member to join the Club, she was the first to complete all four levels of walking milestones. She currently holds the record for completing all four levels in the shortest amount of time – how's that for a challenge to our fellow walkers! I thank Christina for her enthusiasm and dedication, as she has since encouraged other members from her lodge to join the Walking Club.

Most of the Slet activities took place at Independence High School. It was a beautiful facility with a state-of-the-art outdoor track, and the Healthy Heart Walking Club took advantage of it! On Thursday morning, the Walking Club held a walk at 8 a.m. before the start of the gymnastics competitions. Over 20 people participated in the mile-long walk, including some of our Supreme Lodge Walking Club members: Joanne Check and Debbie Golden. It was a great way to start off our day!

The Healthy Heart Walking Club is now a little over two years old and it is continuously increasing its membership. Remember, you do not need to live by a local lodge to join the Club, you just have to be a Sokol USA member. If you are interested in joining, please contact Brandi Kovac at [BKKovac@aol.com](mailto:BKKovac@aol.com).

Nazdar!

Jennifer Moulton



Director of Men Todd Yatchyshyn (left) presents former Director of Men Stephen Banjak with an appreciation award for translating the Parents and Tots cal into English and for writing and directing the Opening Ceremonies for Sokolfest XXVI that began with a multimedia interactive story told by "Talon" the Sokol Falcon and then captivated the crowd with special marching, tumbling, dance and wheel gymnastics numbers.



Celebrating their 100th Anniversary this year, Sokol Canada proudly participates in the Grand March.



# Sokolfest 2011



The children did a great job performing calisthenics that were written by Brandi Kovac and Pat Ritz.

## Thank you for making Sokolfest possible!

### Sokolfest Committee

Bea Walko - Chairperson, Tour Coordinator  
Chris Yatchyshyn - Director of Women  
Todd Yatchyshyn - Director of Men  
Judy Smith - Treasurer, Banquet Coordinator  
Katrina Coleman - Site Coordinator  
Charity Ruhl - Competitions Coordinator  
Karen Ondira - Ticket Sales Coordinator  
Joseph Bielecki - President, Sokol USA  
Milan Kovac - Financial Secretary, Sokol USA

### National Gymnastics Staff Assistants

Amy Pracko, Matthew Reynolds, Charity Ruhl & Eric Skovronek

### Opening Ceremonies

Stephen J. Banjak - Producer  
Sokol USA Gymnasts, SGC Czech Folk Dancers,  
Marching Team Winners, Wheel Gymnasts

### Gymnastics

*Directors* - Matthew Reynolds & Charity Ruhl  
*Competition Volunteers* - Monessen Sokol

**Fitness Challenge Coordinator** - Eric Skovronek

**Sokol Decathlete Challenge Coordinator** - Amy Pracko

### Sports Events Directors

Joanne Check, Alice Khol, Scott Pracko & Rich Yatchyshyn

### Games Night Coordinators

Kevin Fitzpatrick, Brent Whitehead & Todd Yatchyshyn

### Calisthenics Authors

*Children* - Brandi Kovac & Pat Ritz  
*Juniors/Young Adults* - Stacy Hoffman, Charity Ruhl & Katie Thieret  
*Seniors* - Anna Janous

### History Room, Baskets & Finale Cocktail Party Coordinators

Joe Bielecki & Jennifer Moulton

**Program Book Designer** - Donn Ruhl

**DJ** - Scott Yatchyshyn

Howie & Jane Wise and Sokol Greater Cleveland  
Bill Furman, The Indy Fieldhouse and the City of Independence  
Independence High School Athletic Boosters, Girls Softball and Boys Baseball  
PAS - Pittsburgh Area Slovak Folk Ensemble  
Positively Cleveland Convention & Visitors Bureau and Lolly the Trolley Tours  
Joan Arrowsmith, The Holiday Inn, Cloverleaf Bowling Center and Sleepy Hollow Golf Course

**And all the other volunteers – we can't thank you enough!**

## Team Marching Results

Wednesday, June 29<sup>th</sup>

American Sokol Tabor	27.4 points
American Sokol Spirit Juniors	26.5 points
American Sokol Spirit Senior Women	23.7 points
SOKOL USA Monessen	19.8 points

## Basketball Tournament

Wednesday, June 29<sup>th</sup>

	Wins	Losses	Place
ASO Greater Cleveland	5	0	1
SOKOL USA Monessen	3	2	2
ASO Spirit	2	3	3
ASO Greater Cleveland	0	5	4

## 2-Person Scramble Golf Results

Thursday, June 30, 2011

Sleepy Hollow Golf Course, Brecksville, OH

Place	Team	Gross Score
1 <sup>st</sup>	Howie Wise & John Prince	75
2 <sup>nd</sup>	David Stanko & Peter Cologross	82
3 <sup>rd</sup>	George Kulhanek & Frank Tudisco	82
4 <sup>th</sup>	Scott Yatchyshyn & Todd Yatchyshyn	86
5 <sup>th</sup>	Dave Bond & Brent Whitehead	88
6 <sup>th</sup>	Ralph Peck & Scott Horecky	89
7 <sup>th</sup>	Anthony Berg & Rob Samec	93
8 <sup>th</sup>	Mike Dropka & Adam Wilt	94
9 <sup>th</sup>	Jim Soulides & Phil Soulides	97
10 <sup>th</sup>	Albert Kunc & Rich Rejna	99

**Longest Drive** Dave Bond, Sokol USA Monessen  
**Closest to Pin** Frank Tudisco, Sokol USA Chicago

## Bowling Tournament Results

Friday, July 1, 2011

### Junior Division

High Series:	Gregory Baran (Spirit)	352
High Game:	Teddy Bielecki (Lodge 16 Braddock)	101

High Series:	Josie Bielecki (Lodge 16 Braddock)	145
High Game:	Staci Dobrowski (Spirit)	112

### Seniors Division

High Series:	Brian Veverka (Sokol Greater Cleveland)	415
High Game:	Brian Veverka (Sokol Greater Cleveland)	145

High Series:	Sue Veverka (Sokol Greater Cleveland)	427
High Game:	Linda Baran (Spirit)	166

### Masters Division

High Series:	John Weiss (Sokol Greater Cleveland)	536
High Game:	John Weiss (Sokol Greater Cleveland)	185

High Series:	Juanita Logiudice (Tabor)	336
High Game:	Barb Vondra (Stickney)	133

### Team Event – Men

Supreme Lodge	1562	<b>Champion</b>
Sokol Greater Cleveland	1560	

High Series:	John Kamenitsky (Lodge 2 Bridgeport)	560
High Game:	John Kamenitsky (Lodge 2 Bridgeport)	191

### Team Event – Women

Supreme Lodge	1358	<b>Champion</b>
---------------	------	-----------------

High Series:	Mary Kamenitsky (Lodge 2 Bridgeport)	419
High Game:	Mary Kamenitsky (Lodge 2 Bridgeport)	172

## Volleyball Tournament Results

Friday, July 1, 2011

### Men's Bracket

PLACE	TEAM	WINS	LOSSES
1 <sup>st</sup>	ASO Greater Cleveland	8	0
2 <sup>nd</sup>	ASO Sokol Ceska Sin	6	2
3 <sup>rd</sup>	ASO Tabor	4	4
4 <sup>th</sup>	ASO Spirit	2	6
5 <sup>th</sup>	Sokol USA Monessen	0	8

### Women's Bracket

PLACE	TEAM	WINS	LOSSES
1 <sup>st</sup>	ASO Greater Cleveland Blue	9	1
2 <sup>nd</sup>	ASO Greater Cleveland Red	7	3
3 <sup>rd</sup>	ASO Ceska Sin	6	4
4 <sup>th</sup>	ASO Spirit – Seniors	5	5
5 <sup>th</sup>	ASO Tabor	3	7
6 <sup>th</sup>	ASO Spirit – Juniors	0	10



Sokolfest Results

For complete results, visit [www.SokolUSA.org](http://www.SokolUSA.org)

FROM THE  
PRESIDENT’S  
VIEW

(Continued from Page 1)

The excitement of the opening continued throughout the next several days. The hard work and planning of the gymnastics directors and their assistants showed through as everything flowed smoothly and people had fun. There were traditional gymnastics, marching, basketball, volleyball, golf and bowling. All ages participated and had a great time!

The culmination of the week’s activities, the Slet performance at the conclusion of the Sokolfest, showcased interesting choreography and creativity. The rhythmic movement numbers highlighted the long-standing Sokol tradition of people of all ages and backgrounds coming together to unite in mass movement to share and express their unity in perfectly synchronized movement. The unity of the Slet performances was a direct reflection of the many hours of hard work on the part of the gymnastic directors, the assistant directors, and the many volunteers who came from all over the country to and volunteered their time to judge, to help, to coordinate and to participate in such fine sports events!

Congratulations to Sister Walko, our Sokolfest Chair, our Gymnastic Department and its directors, Brother Todd and Sister Christine Yatchyshyn, and their assistant directors for putting together such great sporting events and for all their hard work in organizing all of the many athletic events. Many thanks as well to Sister Judith Smith for serving as Sokolfest treasurer and for all of her hard work in keeping the accounts organized. Many thanks go out to Sokol Greater Cleveland for opening their beautiful Sokol Hall for the super events that were held there!

Congratulations to Sisters Jennifer Moulton and Brandi Kovac for highlighting the Healthy heart Walking Club at the Sokolfest and for holding walks during the festival! Thanks go out to Sister Moulton and to Sister Justine and Brother John West for helping make the Finale Cocktail party such a fine event!

Most importantly, many, many thanks go out to the generous donors, districts, lodges, and individuals who helped the Sokolfest financially. Without their generosity, there would not have been such wonderful bands, such nice trophies or such fun events during the Sokolfest! Finally, special thanks go out to all the great individual volunteers who gave their time and of themselves to make the events so successful! Without their hard work, encouragement and enthusiasm, the Sokolfest would not have been possible!

These efforts are prime examples of fraternalism at work! Many people worked together to plan the events and to help achieve a common goal, the successful Sokolfest, and to share the Sokol spirit! All of these collective efforts show that fraternalism is alive and well in Sokol USA! It was great to see the teamwork, the cooperation, the consultation and the wonderful volunteer efforts that led to such a fine result!

Nazdar!  
Joe Bielecki, President

Women’s Gymnastics Final Results

Name	Level	Team	Vault	Uneven Bars	Balance Beam	Floor	Total
Maryann Fiordelis	Novice Masters 2	ASO Detroit	8.90	7.80	8.80	9.00	34.5
Elizabeth Frynta	Novice 9 and under	SOKOL Canada	9.35	8.10	9.00	9.20	35.65
Julie Frynta	Novice 10-12	SOKOL Canada	9.15	8.50	9.10	8.60	35.35
Stacy Hoffman	Level 8 17-24	SOKOL USA Monessen	8.20	7.00	6.70	8.17	30.07
Katie Thieret	Level 7 17-24	SOKOL USA Monessen	9.22	8.10	8.10	8.80	34.22
Mackenzie Pohlman	Level 7 15-18	ASO South Omaha	8.42	6.35	6.45	7.75	28.97
Emma Lucas	Level 7 12-14	SOKOL USA Monessen	7.75	8.00	7.90	9.10	32.75
Talladega DeWitt	Level 7 10-12	SOKOL USA Monessen	9.40	8.52	8.15	7.62	33.70
Angela Bernstein	Level 6 25-34	ASO Baltimore	8.20	8.50	7.50	8.35	32.55
Alex Zahrobsky	Level 6 17-24	ASO Spirit	8.55	7.50	7.70	8.85	32.60
Nicolette Trojanowski	Level 6 15-18	DA SOKOL New York	8.80	7.00	8.30	8.60	32.70
Sarah Lucas	Level 6 12-14	SOKOL USA Monessen	8.70	8.35	7.70	7.75	32.50
Anna Vogt	Level 5 9 and under	SOKOL USA Monessen	8.40	8.50	8.40	8.60	33.90
Brandi Kovac	Level 5 25-34	SOKOL USA Central Jersey	8.30	9.25	9.00	8.55	35.10
Alyssa Cariozzi	Level 5 17-24	ASO Greater Cleveland	8.20	7.55	8.30	7.70	31.75
Elizabeth Reida	Level 5 15-18	ASO South Omaha	7.65	7.60	8.00	8.00	31.25
Lillian Mangialino	Level 5 12-14	DA SOKOL New York	7.65	6.50	7.30	8.80	30.25
Ryan Nogý	Level 5 10-12	SOKOL USA Monessen	8.35	8.70	8.60	9.50	35.15
Ellen Kovac	Level 4 Masters 2	SOKOL USA Central Jersey	8.25	9.15	9.00	7.00	33.40
Lisa Tague	Level 4 Masters 1	ASO Detroit	9.35	8.25	7.90	7.45	32.95
Ashley Joll	Level 4 9 and under	SOKOL USA Monessen	9.00	9.00	8.60	8.90	35.50
Maria Pinizzotto	Level 4 25-34	ASO Greater Cleveland	8.90	8.00	8.50	8.50	33.90
Brittney Collett	Level 4 17-24	ASO Omaha	9.05	8.45	8.50	9.00	35.00
Erica Bent	Level 4 15-18	ASO New York	9.40	7.80	8.10	8.65	33.95
Roberta Pegg	Level 4 12-14	SOKOL USA Farrell	8.55	9.00	8.70	8.50	34.75
Samantha Mason	Level 4 10-12	ASO Greater Cleveland	9.35	9.15	8.10	8.80	35.40
Christina Pegg	Level 3 Masters 1	SOKOL USA Farrell	8.55	6.75	7.90	6.80	30.00
Ashley Roseburg	Level 3 9 and under	SOKOLICE Crete	8.90	7.70	8.70	9.20	34.50
Angela Schaffer	Level 3 25-34	ASO Greater Cleveland	8.90	8.10	7.90	7.00	31.90
Anna Mangia	Level 3 17-24	ASO Tabor	8.75	8.00	8.80	8.60	34.15
Sara Goda	Level 3 15-18	SOKOL USA Farrell	9.15	8.20	8.90	9.00	35.25
Ciera Flickinger	Level 3 12-14	SOKOL USA Farrell	9.05	8.15	8.80	8.90	34.90
Caroline Young	Level 3 10-12	SOKOL USA Chicago	7.90	7.70	9.00	8.00	32.60
Lexie Lorenz	Level 2 9 and under	ASO SOKOLICE Crete	8.75	8.65	8.90	8.90	35.20
Kayla Taylor	Level 2 10-12	ASO Greater Cleveland	8.50	7.10	7.80	7.70	31.10
Kelly Cariozzi	Level 1 Masters 2	ASO Greater Cleveland	9.30	7.60	8.60	9.00	34.50
Christina Wurst	Level 1 Masters 1	ASO Tabor	9.40	9.00	8.50	9.45	36.35
Layla Tomasko	Level 1 9 and under	ASO Greater Cleveland	9.50	7.20	9.10	8.75	34.55
Megan Petkus	Level 1 25-34	ASO Tabor	9.35	6.90	8.60	9.30	34.15
Hevan Hartman	Level 1 17-24	ASO Greater Cleveland	9.60	8.70	8.70	8.65	35.65
Julia Luczak	Level 1 10-12	ASO Stickney	9.10	6.50	7.80	8.45	31.85

Men’s Gymnastics Final Results

Name	Level	Team	Floor	PH	R	Vault	P- Bars	High Bar	Total
Bohumir Benak	Level 10 17-24	ASO South Omaha	12.6	12.0	10.4	12.1	12.2	8.8	68.1
James Finn	Level 8 17-24	DA SOKOL New York	12.4	11.0	10.2	13.2	11.0	8.9	66.7
Kenneth Fron	Level 7 17-24	ASO Tabor	14.1	13.6	14.2	14.8	13.0	14.1	83.8
William Powers	Level 6 17-24	DA SOKOL New York	13.9	11.5	11.4	14.8	14.6	13.6	79.8
John Fron	Level 6 15-18	ASO Tabor	12.2	9.0	11.2	14.4	12.5	12.4	71.7
Joseph Ehrenberger	Level 5 Masters 2	ASO Baltimore	13.5	13.1	15.2	15.5	15.1	14.2	86.6
Lance Kovac	Level 5 Masters 1	SOKOL USA Central NJ	14.2	14.1	15.5	15.7	15.7	14.8	90.0
Josh Cherney	Level 5 9 and under	ASO Greater Cleveland	13.9	14.6	14.9	15.3	15.0	13.1	86.8
Jeremiah Koenig	Level 5 17-24	ASO South Omaha	13.7	13.5	14.3	15.5	15.3	14.4	86.7
Samuel Levine	Level 5 15-18	DA SOKOL New York	12.0	12.0	14.4	15.6	14.7	11.4	80.1
Samuel Begley	Level 5 12-14	ASO South Omaha	11.8	12.0	14.2	15.5	13.5	12.4	79.4
Jarrett Adams	Level 5 10-12	ASO Greater Cleveland	10.5	10.5	14.0	15.6	12.0	11.4	74.0
John Bazata	Level 4 Masters 2	ASO Spirit	13.5	12.0	15.4	15.9	14.7	13.1	84.6
Scott Pracko	Level 4 Masters 1	SOKOL USA Chicago	13.6	13.0	15.1	15.6	14.7	13.0	85.0
Matthew Pracko	Level 4 9 and under	SOKOL USA Chicago	12.4	10.0	12.7	15.4	14.0	11.2	75.7
Christopher Gosier	Level 4 25-34	ASO South Omaha	12.8	12.0	15.5	15.4	15.2	13.6	84.5
Phillip Tudisco	Level 4 12-14	SOKOL USA Chicago	11.6	10.0	14.8	15.6	14.0	11.6	77.6
Kalob Justice	Level 4 10-12	ASO Greater Cleveland	11.2	14.4	15.2	15.7	13.6	12.0	82.1
Gabriel Yeigh	Level 3 9 and under	ASO Greater Cleveland	5.5	5.0	8.8	9.2	5.0	6.0	39.5
Dan Wilkerson	Level 3 17-24	ASO Cheska Sin	8.9	9.0	10.0	9.9	9.7	4.0	51.5
Jake Payne	Level 3 15-18	ASO Spirit	6.4	7.0	6.5	9.8	8.0	5.5	43.2
Gregory Baran	Level 3 12-14	ASO Spirit	6.6	6.0	7.8	9.7	6.0	6.4	42.5
Zach Novickis	Level 3 10-12	ASO Greater Cleveland	5.1	6.0	6.5	9.8	7.5	6.2	41.1
Max Pajer	Level 2 9 and under	ASO Spirit	8.4	7.5	9.8	9.8	9.0	7.8	52.3

Fitness Challenge – First Place Winners

Name	Group	Team	Pull Ups	Long Jump	400M	Total
Anna Vogt	Female 0-9	SOKOL USA Monessen	72	56	60.9	188.9
Matthew Pracko	Male 0-9	SOKOL USA Chicago	48	56	63.0	167.0
Ryan Nogý	Female 10-11	SOKOL USA Monessen	88	48	67.7	203.7
Scott Joll	Male 10-11	SOKOL USA Monessen	100	55	59.8	214.8
Sarah Lucas	Female 12-14	SOKOL USA Monessen	94	56	63.3	213.3
Samuel Begley	Male 12-14	ASO South Omaha	87	60	66.8	213.8
Dina Mangialino	Female 15-16	DA SOKOL New York	72	64	69.8	205.8
Samuel Levine	Male 15-16	DA SOKOL New York	76	74	84.0	234.0
Katie Brown	Female 17-24	ASO Baltimore	89	62	76.4	227.4
Kenneth Fron	Male 17-24	ASO Tabor	93	108	92.6	293.6
Kandi Pajer	Female 25-34	ASO Spirit	94	82	69.5	245.5
Christopher Gosier	Male 25-34	ASO South Omaha	92	110	84.8	286.8
Maureen Stanko	Female 35-49	ASO Tabor	31	52	50.0	133.0
Lance Kovac	Male 35-49	SOKOL USA Central NJ	87	86	92.4	265.4
Ellen Kovac	Female 50-plus	SOKOL USA Central NJ	59	56	24.4	139.4
Joseph Ehrenberger	Male 50-plus	ASO Baltimore	95	66	72.2	233.2



# Sokol Social News

## HAPPY BIRTHDAY

Walter Koval, a member of Sokol USA Lodge 114 and a resident of Sleepy Hollow, N.Y., celebrated his 89<sup>th</sup> birthday in July.

## HAPPY BIRTHDAY

Stephen J. Horecky, a member of Sokol USA Lodge 114 and a resident of Elmsford, N.Y., celebrated his 48<sup>th</sup> birthday on July 4<sup>th</sup>.

## SLOVAK FESTIVAL 2011

The 40th Anniversary of the Slovak Festival will be held Sunday, September 4<sup>th</sup> from 12 Noon to 8 p.m. at St. Anthony of Padua, 6750 State Road, Parma. Enjoy homemade Slovak food, bakery items, music and dancing.

At 3 p.m., there is a cultural program featuring the Pittsburgh Area Slovak Folk Ensemble. Lucinka Slovak dancers also will perform. Music will be provided by the John Pastirik Band and the Frank Moravcik Band.

Admission is \$5.00. For more information, call 440-886-4828, 440-845-0282 or 440-885-1994.

# SOKOLFEST BUMPED BY BILLY JOEL

By Chris Yatchyshyn

What do you do when you get bumped out of Hershey by Billy Joel? You head to the Cleveland area where you know you can pull off a successful Slet!

For those of you who may not know, the original location of Sokolfest XXVI was Hershey, Pa. After making numerous inquiries about venues, rooms and social activities, our site team of Katrina Coleman and Charity Ruhl decided that the Hershey Lodge and Conference Center would be a great location for a Sokol USA Slet – and the directors were in complete agreement. What we couldn't understand was why Hershey was hesitating to send a contract, until they informed us that the superstar singer had said "yes" to performing on the same weekend we had hoped to book for Sokolfest XXVI.

Discouraged but not defeated, Katrina continued to seek out possible locations, even making a comprehensive presentation on Williamsburg, Va., but we were not convinced and urged her to check out Baltimore and other possible locations. Then Steve Tomko made a wise suggestion, "Why not go back to a location where you were successful in the past, like Cleveland?"

So Katrina contacted the Cleveland Visitors Bureau who helped connect us with the Independence Athletic Complex and the Holiday Inn Conference Center. The hotel was conveniently located to major highways and the airport, just a few miles from the athletic complex and a short trip to Sokol Greater Cleveland, making it easy to get to the competition venues and social events. And though we were not in the heart

of Cleveland, the downtown sights were just 10 miles away and easily accessible for anyone who wanted to tour the city.

Hershey is still a consideration for a future Slet, but Independence, Ohio, did not disappoint us. The Independence Athletic Complex included their air-conditioned high school gym, where the highly-attended Opening Ceremonies and the gymnastics competitions were held. There were a total of 500 spectators and performers at the Opening Ceremonies on Wednesday evening, June 29<sup>th</sup> and 230 gymnasts competed on Thursday, June 30. The gymnasium also served as the competition venue for the Team Marching Competition that was held in the afternoon on Wednesday. This was the first time that Sokol USA offered this event. We were pleased that four teams competed and the winning team was featured in the Opening Ceremonies.

The Indy Field House, a multi-purpose sports facility adjacent to the high school, served as the venue for basketball, volleyball and the fitness challenge events. The 3-on-3 Basketball Tournament was held on Wednesday, with fours team competing. The Volleyball Tournament was held on Friday, July 1 and consisted of six women's teams and five men's teams. The Fitness Challenge was offered on both Thursday and Friday. 160 Sokols took the challenge that consisted of running, chin ups and long jumping.

In the corridor between the high school and the field house, a large room with kitchen facilities served a dual purpose as the cafeteria and the awards presentation area. The Independence High School Athletic Boosters ran the cafeteria and provided a good selection of food. They also helped with the refreshments for

the Sokol Canada 100th Anniversary Party on Wednesday evening, prepared the food for the Saturday BBQ picnic after the Slet rehearsals, and ran the concession stand at the Slet. The convenience of having reasonably-priced beverages and food at all the events was a great plus.

The nicely-maintained Independence High School Football Field, just a few hundred yards from the high school, served as the Slet performance field. During Slet rehearsals, the outskirts of the field were used to hold field challenges, a new set of events prepared by Rich Yatchyshyn to provide activities between rehearsals. The 10 "fun" events included skills such as running backwards, a soccer kick, a softball throw, a javelin throw using a PCV pipe, a discus throw using a Frisbee, and a shot-put throw using a deflated basketball. Nearly 100 Sokols tested their skills in these "lawn events," as Rich was referring to them. While most awards were presented immediately following the competitions, the presentation of awards for both the Field Events and the Fitness Challenge was held at the BBQ picnic.

The results of all the tournaments and competitions can be found on the Sokol USA web site at [www.sokolusa.org](http://www.sokolusa.org) and photos of all the Sokolfest competitions and events can be viewed at Donn Ruhl's Sokol galleries at [www.teamfred.smugmug.com](http://www.teamfred.smugmug.com).

Just a few miles in opposite directions from the Independence Complex were the bowling and golf venues. Twenty golfers played in the 2-Man Scramble at the Sleepy Hollow Golf Course on Thursday afternoon and nearly 30 bowlers competed at the Cloverleaf Bowling Center on Friday morning. The Cloverleaf also served as the location for the

Friday evening competitors' social where they enjoyed billiards and bowling before heading over to the Independence Complex for their spectacular fireworks display, which was a really nice addition to our events!

The Holiday Inn was also a fine venue that served as the Slet headquarters. Included in the group room rate was a continental breakfast set up each morning in the ballroom for all the Sokols. The Friday evening banquet was held at the hotel and the History Room was set up in a conference room for all to visit Wednesday through Friday. Saturday evening after the Slet, the festivities continued at the hotel with the Celebration Dance and the Finale Cocktail Party.

Sokol Greater Cleveland, just a 15-minute drive from the hotel, served as the host for both the World Sokol Federation meeting on Thursday afternoon and for the well-attended dinner/social in the evening. Delicious chicken and pork dinners were prepared for all. We also made use of their great facilities by providing an evening of fun and games for the younger kids and DJ music in the ballroom for more enjoyment and dancing.

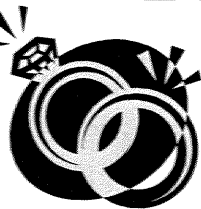
Special thanks to Katrina and Charity for seeking out Independence, Ohio, and the surrounding area with their excellent facilities that helped make Sokolfest XXVI a very successful event. For those of you who may have wondered why Katrina was not at Sokolfest XXVI, she joined the Navy in May 2010. She had planned to attend, but at the last minute her leave was cancelled. Presently she is a yeoman for Strike Force One in Oceania. We are proud that she is serving our country and wish her much success in all her future endeavors.

# SHARE YOUR FAMILY EVENTS WITH YOUR "SOKOL FAMILY"

*The Sokol Times Social Page is a new way to keep up with your old and new friends! Share your families' events with your Sokol family. We want to hear from you. Only news regarding members of our lodges will be printed.*

Complete one of the attached forms and mail the information and a photograph of clear quality to Sokol USA, 276 Prospect Street, P.O. Box 189, East Orange, NJ 07109-0189. Information and photographs also may be e-mailed to: [SOKOLUSAHQ@aol.com](mailto:SOKOLUSAHQ@aol.com)

## ENGAGEMENTS, WEDDINGS & ANNIVERSARIES



NAMES: \_\_\_\_\_  
\_\_\_\_\_  
PHONE #: \_\_\_\_\_  
HOMETOWN: \_\_\_\_\_  
SOKOL LODGE: \_\_\_\_\_  
YEARS MARRIED (IF APPLICABLE): \_\_\_\_\_

## BIRTHDAYS



NAME: \_\_\_\_\_  
BIRTH DATE: \_\_\_\_\_  
AGE: \_\_\_\_\_  
PHONE #: \_\_\_\_\_  
HOMETOWN: \_\_\_\_\_  
SOKOL LODGE: \_\_\_\_\_

## PROMOTIONS, HONOR ROLLS & OTHER EVENTS



NAME: \_\_\_\_\_  
PHONE #: \_\_\_\_\_  
HOMETOWN: \_\_\_\_\_  
SOKOL LODGE: \_\_\_\_\_  
EVENT: \_\_\_\_\_

Photographs are not required, but they do add to the presentation.  
Please include a self addressed, stamped envelope if you would like your photograph returned.



## DONATIONS GRATEFULLY ACKNOWLEDGED

### To the Sokol USA Gymnastic Fund

From Sokol Lodge 3W, Bridgeport, Conn. \$100.00  
*In Memory of Deceased Members*

From Sokol Lodge 248, Rossford, Ohio \$50.00  
*In Memory of Deceased Members*

### To the Milan Getting Scholarship Fund

From Sokol Lodge 3W, Bridgeport, Conn. \$100.00  
*In Memory of Deceased Members*

From Sokol Lodge 248, Rossford, Ohio \$50.00  
*In Memory of Deceased Members*



## SCHOLARSHIP PROGRAM 2011 NEW ENGLAND FRATERNAL CONGRESS

### GUIDELINES AND PROCEDURES

**Award:** Three \$500.00 scholarships will be awarded by the New England Fraternal Congress to students in their sophomore, junior, or senior year in college or in graduate school. The first is named in memory of Pearl Plante, a loyal and tireless worker for the New England Fraternal Congress.

**Eligibility:** Applicant must be enrolled as a full-time student in an accredited college/university or graduate school.

Applicant must be a resident of New England and a member (or a son /daughter of a member) of a fraternal benefit society that holds a membership in the New England Fraternal Congress.

Applicant must have a cumulative grade average of at least 2.0 (on a 4.0 system). Transcript of grades from Spring, 2011, semester must be submitted with application.

Application for scholarship award must be completed in its entirety and submitted by September 15, 2011. Incomplete and/or late entries will be disqualified.

**Procedures:** The \$500.00 scholarship awards will be paid directly to Recipients.

The deadline for submission of applications for the Scholarship awards will be September 15, 2011.

Criteria to be used in judging: overall merits of applicant, Cumulative grade average, college activities/honors, financial need, essay content.

From among the entries, top ten applications will be selected and referred to a three-member panel for final judging.

Recipients of NEFC scholarship awards will be notified by October 15, 2011.

Entries for consideration must be forwarded by September 15, 2011 to Janet King, Scholarship Chairman, 4975 Washington Street Unit 116, West Roxbury, MA 02132. For more information and to obtain a copy of the application, please contact Sokol Headquarters at 973-676-0280, 888-253-0362 or SOKOLUSAHQ@aol.com.



## Looking for a fun way to burn off calories?

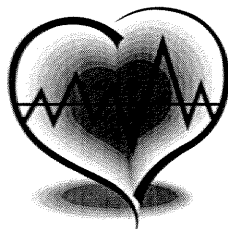
### Join Sokol USA's

## Healthy Heart Walking Club

### Benefits include:

Reducing your stress level  
Controlling your weight  
Lowering your risk of heart disease  
Controlling your blood pressure

Sign up for Sokol's Healthy Heart Walking Club by sending your name, mailing address and home lodge to:



Brandi Kovac  
280 East 2<sup>nd</sup> Street, Apt. 9A  
New York, NY 10009  
OR email: BKKovac@aol.com



You will receive a free Sokol pedometer and a Healthy Heart mileage chart. You are responsible for recording your mileage. Walk with fellow Sokol members, or on your own. Contact Brandi when you reach a milestone and get a reward!

## MESSAGE TO MEMBERSHIP

The Supreme Lodge is working diligently through its Supreme Lodge Committees in investigating and examining our options regarding the future of Sokol USA.

As I have reported in The Sokol Times on many occasions, there are two Supreme Lodge committees designated with the task of determining our "Society Future" and "Succession Planning." The committee members have been discussing many issues including, but not limited to, acquisition, merger, separating insurance from fraternal activities, or spinning off our gymnastic department as a separate entity, defining the duties of the chief operating officer, reviewing office operating and disaster planning,

establishing a separate entity to better administer our fraternal activities, and the hiring of professional management.

The committees are deliberating and discussing all of the above in order to provide direction for the next Convention. With Brother Kovac's anticipated retirement, we also need to determine whether there are viable candidates for the position of Supreme Secretary from within our membership. As Sokol USA is a benefit society with more than \$11million of assets, insurance in force of more than \$8 million and a real estate and mortgage portfolio, any

candidate for this position should be an individual with proven managerial skills.

This is a call to the membership in that if there is anyone who has a sincere interest in becoming the Supreme Secretary, to make his or her intentions known.

Members who have an interest in seeking the position of Supreme Secretary are asked to send a letter of intent and a resume to Brother John Kamenitsky, 485B Commanche Lane, Stratford, CT 06614.

NAZDAR!  
Joseph S. Bielecki  
President

## ATTENTION BOWLERS & GOLFERS

The National Directors would like to better communicate with our Sokol Bowlers and Golfers. We would like a contact person from each lodge with whom we can communicate. Individuals who would like to share ideas and brainstorm about how to increase participation in our national tournaments are also encouraged to forward their contact information. We hope to communicate by e-mail and schedule a conference call discussion in the future.

Please send your name, address, phone number and e-mail address to:

Todd Yatchyshyn  
341 Old Allentown Road  
Wind Gap, PA 18091  
yatch18@aol.com

## IN MEMORY

*Of our deceased Brother and Sister Sokols with a sincere expression of sympathy to their families from the Supreme Officers of Sokol U.S.A.*

**FRANK NEMETH** – (1928-2011) A member of Lodge 260, Cleveland, Ohio. He is survived by his wife.

**MILDRED TIBENSKY** – (1919-2011) A member of Lodge 306, Chicago, Ill. She is survived by her son.

**LUDMILA LAMBERT** – (1920-2011) A member of Lodge 96, Cudahy, Wis. She is survived by her son and daughter.

**CARL FRANK HESSE** – (1928-2011) A member of Lodge 214, Palmerton, Pa. He is survived by his wife.

**CATHERINE CHWAT** – (1922-2011) A member of Lodge 32, Boonton N.J. She is survived by her niece.

**LLEWELYN COSTENBADER** – (1932-2011) A member of Lodge 214, Palmerton, Pa. He is survived by his wife.

**GEORGE KADY** – (1920-2011) A member of Lodge 205/500 East Orange, N.J. He is survived by his daughter.

**BOZENA RUSNAK** – (1917-2011) A member of Lodge 158, Endicott, N.Y. She is survived by her sister.

**BARBARA PAROBK** – (1916-2011) A member of Lodge 130, New Kensington, Pa. She is survived by her husband.

**ANNA D. DUCAR** – (1919-2011) A member of Lodge 205/500, East Orange, N.J. She is survived by her nephew.