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SOKOL *TIMES*

JANUARY 10, 2013

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To All Our Members:

*Wishing You
a Very Happy, Healthy
and Prosperous
New Year!*



*From the Supreme Lodge
Officers of Sokol USA*

SOKOL TIMES

official organ of the
**SLOVAK GYMNASTIC UNION SOKOL
 OF THE USA**

Published monthly on the 2nd Thursday of the month.

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Sokol Golfers Save the Date!

FOURTH ANNUAL SOKOL USA FARRELL FOUR PERSON OPEN GOLF SCRAMBLE



June 8, 2013

SHENANGO LAKE GOLF CLUB
 99 Birchwood Drive,
 Transfer, PA 16154

(more information to follow)



WHO NEEDS MONEY FOR COLLEGE?

High School Seniors planning to attend college or current college students, Sokol USA's **Milan Getting Scholarship** is available to Sokol USA members!

Education is never something that should take a back seat. Improve your financial ability to attend college by applying for the Milan Getting Scholarship. Each year, Sokol USA is proud to award the Milan Getting Scholarship to Sokol USA members who are furthering their education. Contact Sokol USA Headquarters by phone or e-mail (1-888-253-0362 or SOKOLUSAHQSA@aol.com) and obtain an application and get ready to enjoy one of the benefits of being a Sokol USA member.

Applications for the 2013-2014 academic year must be received at Sokol USA by April 1, 2013. New scholarship recipients will be announced by June 1, 2013.

Reminder: All current Milan Getting Scholarship recipients must submit a scholarship renewal application each year by June 29th. Please contact Sokol USA headquarters with any questions.

Got Insurance?

Introducing Sokol USA's NEW Single Premium Insurance Coverage

Affordable Rates *Excellent Coverage*

Different Rates for Men and Women

Simplified Application Process

You will not be turned down because of age

Pay Once, Have Coverage for Life

Minimum Policy is \$3,000

\$3,000 Policy

Newborns:	\$213 for males
	\$180 for females
Age 5:	\$252 for males
	\$213 for females
Age 18:	\$399 for males
	\$342 for females
Age 21:	\$432 for males
	\$372 for females
Age 30:	\$567 for males
	\$504 for females
Age 40:	\$792 for males
	\$705 for females
Age 65:	\$1,695 for males
	\$1,512 for females

\$5,000 Policy

Newborns:	\$355 for males
	\$300 for females
Age 5:	\$420 for males
	\$355 for females
Age 18:	\$665 for males
	\$570 for females
Age 21:	\$720 for males
	\$620 for females
Age 30:	\$945 for males
	\$840 for females
Age 40:	\$1,320 for males
	\$1,175 for females
Age 65:	\$2,825 for males
	\$2,520 for females

\$10,000 Policy

Newborns:	\$710 for males
	\$600 for females
Age 5:	\$840 for males
	\$710 for females
Age 18:	\$1,330 for males
	\$1,140 for females
Age 21:	\$1,440 for males
	\$1,240 for females
Age 30:	\$1,890 for males
	\$1,680 for females
Age 40:	\$2,640 for males
	\$2,350 for females
Age 65:	\$5,650 for males
	\$5,040 for females

IN MEMORY

Of our deceased Brother and Sister Sokols with a sincere expression of sympathy to their families from the Supreme Officers of Sokol U.S.A.

MILAN BLISTAN – (1911-2005) A member of Lodge 500, East Orange, N.J. He is survived by his children.

JOHN HRATKO – (1921-2012) A member of Lodge 194, Raritan, N.J. He is survived by his wife.

ANNA SOPOCI – (1919-2012) A member of Lodge 39/40W, Chicago, Ill. She is survived by her husband and family.

MARY PUTRINO – (1913-2012) A member of Lodge 7 Byram, Conn. She is survived by her daughter.

THERESA CORBETT – (1925-2012) A member of Lodge 42W/114, Sleepy Hollow, N.Y. She is survived by her children.

ANN BRAK – (1922-2012) A member of Lodge 39/40W, Chicago, IL. She is survived by her sister.

Sister Anna Sopoci Laid to Rest

On Monday, December 3rd, Sister Anna L. Sopoci was called to her eternal rest, one week following a massive stroke. Sister Sopoci became a member of Sokol USA Lodge 40W in 1941, and was devoted to the Sokol ideals all her life. She was proud that her late parents, Ondrej and Zuzana Feriancik, were Sokols in their native Czechoslovakia, and that there were five generations of Sokols in the Sopoci family. As soon as a grandchild or great-grandchild was born, Sister Sopoci and her husband Brother Jan Sopoci were quick to purchase them a policy and enroll them in the Sokol ranks. One of Sister Sopoci's proudest Sokol experiences was marching in the parade with the American delegation at the 1996 Slet in Prague.

Born in Mosovce, Czechoslovakia, on October 28, 1919, Sister Sopoci came to the United States at the age of 16 and returned to her native homeland after World War II. There, she met and married Jan Sopoci in February 1948. Settling first in Chicago and soon after moving to the suburb of Brookfield, Ill., both Brother and Sister Sopoci were always very involved in the Slovak community. Sister Sopoci was the Financial Secretary of Sokol

Lodge 40W for many years and they served together in the United Lutheran Society Assembly 86, and the Slovak American Charitable Association. When they moved to New Jersey in 1971 so that Brother Sopoci could serve as the Sokol USA Supreme Secretary, they were active in the New Jersey Slovak Heritage Festival in Holmdel, N.J., with Sister Sopoci always eager to display her many beautiful Slovak embroideries, krojs and painted ceramics, many of which she either sewed or painted herself. She and Brother Sopoci were also honored to be asked to teach an introduction to the Slovak language class through Montclair State College to businessmen who would be working in the new country of Slovakia after the Velvet Revolution.

Writing was always something that Sister Sopoci enjoyed, and she contributed to Slovak newspapers in the Chicago area in her younger years. She was honored to have the opportunity to serve as Editor of the *Sokol Times* for many years, corresponding with those who sent in photos and articles for publication. She also enjoyed getting to know many wonderful Sokols in the eastern part of the country as she traveled with her

husband to the various lodges in the organization. Despite living in East Orange, N.J. for over 20 years, she always considered Illinois her home, and was happy when Brother Sopoci retired and they returned to Brookfield.

Services were held for Sister Sopoci at Saints Peter and Paul Evangelical Lutheran Church in Riverside, Ill., on Wednesday, December 5th. Her family participated in a loving tribute to her, and hymns and prayers were in both English and Slovak. She was laid to rest at Woodlawn Cemetery. Besides her loving husband Jan, Sister Sopoci is survived by three children, Jan Andrew, Elena (Doug Belknap) and Anne Marie (Paul) Brinley; 10 grandchildren, Shannon (Rob) Corn, Tom (Hannah) Sopoci, Matthew Puhr Sopoci, Kaitlin Sopoci-Belknap, Bianca (Ben Gillock) Sopoci-Belknap, Rory (Zuzka) Sopoci-Belknap, Kristen (Duncan) Cooper, and Elizabeth, Janelle and Emily Brinley; and three great-grandchildren, Nicole and Jacob Corn, and Rowan Sopoci-Gillock. She was preceded in death by her granddaughter Samantha in 2011.

Condolences to her family are extended by the Officers of Lodge 39-40W.

Anna L Sopoci

1919 - 2012

The Supreme Lodge of Sokol USA extends the deepest Of sympathies and condolences to Brother Jan Sopoci and Family.

Sister Sopoci was former Editor of the Sokol Times

DONATIONS FOR HURRICANE SANDY

Hurricane Sandy has brought devastation to the eastern United States and we are supporting charities that are assisting those most in need. The Supreme Lodge has endorsed a matching grant program, whereby Headquarters will match any Lodge or District Donation dollar for dollar toward charities which have dedicated resources toward those communities in need.

Lodge 59, Trenton, N.J.	\$200.00
Sokol USA Match	\$200.00
<i>Benefitting the Community Food Bank of NJ, Hillside, N.J.</i>	
Lodge 114, Sleepy Hollow, N.Y.	\$500.00
Sokol USA Match	\$500.00
<i>Benefitting City Harvest, Breezy Point, N.Y., New York, N.Y.</i>	
Lodge 122, Kenosha, Wis.	\$50.00
Sokol USA Match	\$50.00
<i>Benefitting North Ocean Habitat for Humanity, Toms River, N.J.</i>	
Lodge 26, Guttenberg, NJ	\$100.00
Sokol USA Match	\$100.00
<i>Benefitting The Salvation Army, Union, N.J.</i>	
Lodge 39/40W Chicago, Ill.	\$100.00
Sokol USA Match	\$100.00
<i>Benefitting The Salvation Army, Union, N.J.</i>	
Lodge 255, Leechburg, Pa.	\$100.00
Sokol Match	\$100.00
<i>Benefitting The American Red Cross, Bethlehem, Pa.</i>	
Lodge 16, Braddock, Pa.	\$100.00
Sokol USA Match	\$100.00
<i>Benefitting The American Red Cross of Southeastern Pennsylvania, Philadelphia, Pa.</i>	
Lodge 12, Newark, NJ	\$200.00
Sokol Match	\$200.00
<i>Benefitting the Community Food Bank of NJ, Hillside, N.J.</i>	
Lodge 2, Bridgeport, Conn.	\$300.00
Sokol Match	\$300.00
<i>Benefitting The Salvation Army of Connecticut, Bridgeport, Conn.</i>	
Lodge District L. Stur	\$100.00
Sokol Match	\$100.00
<i>Benefitting The Salvation Army, Union, N.J.</i>	
Joseph Bielecki, Pittsburgh, Pa.	\$50.00
Sokol Match	\$50.00
<i>Benefitting the Robin Hood Relief Fund, New York, N.Y.</i>	
TOTAL DONATIONS	\$3,600.00

Web Sites about Slovakia

Slovak Embassy, Washington, D.C.
www.slovakembassy-us.org

U.S. Embassy, Bratislava, Slovakia
www.usembassy.sk

General Information on Slovakia
www.slovensko.com

Office of Government in Slovakia
www.government.gov.sk

Slovak Trade and Development Agency
www.sario.sk

Slovaks and Slovakia
www.slovak.com

Slovak Tourist Board
www.sacr.sk

Slovak Chamber of Commerce
www.spok.sk

Phone Directories in Slovakia
www.zoznamst.sk (Slovak)

Slovak Newspapers
www.szm.sk (Slovak)

General Guide to the Slovak Republic
www.slovakia.org



Web Page for Tourists
www.enjoyslovakia.com

Slovakia On Line
(General Information)
www.skonline.sk

Slovak Cultural Calendar
www.kultura.sk

Slovak National Museum
www.snm.sk

Slovak Academy of Sciences
www.savba.sk

Slovak National Theater
www.snd.sk

Slovak Television
www.stv.sk

National Bank of Slovakia
www.nbs.sk

BOONTON SOKOL

301 Pine St., Boonton, NJ

Feb 3 – Super Bowl Pancake Breakfast

8:30 AM to 12 Noon; Adults \$7, Children \$4

Featuring regular and blueberry pancakes, bacon and sausage, home fries, scrambled eggs, coffee, tea and juice.

Take-out available.

For reservations or information, call 973-263-9831



March 8 – Fish & Chips Dinner

4:30 to 7 PM; Adults \$10, Children \$7

Featuring batter fried fish or chicken tenders, French fries, coleslaw, hush puppies, coffee, tea and dessert. Take-out available. Snow date: March 9.

For reservations or information, call 973-263-9831

April 14 – Tricky Tray

The Westin Governor Morris, Morristown, NJ

More details to follow

From the President's View

In late November I traveled to Serbia for Soko Serbia's 120th anniversary celebrations. It was an exciting and interesting experience.

Sokols from all over Europe arrived in Beograd. They shared many moments together. There was a Sokol Gala at the National Theater. Among the attendees was the Serbian Sports Minister. The events also included a round table discussion of issues facing all Sokols. The round table was an interesting experience as it showed that many of the same issues face Sokols worldwide. These issues included declining membership statistics, how to attract and retain new members, and how to formulate interesting and relevant programming for the membership. The round table also revealed that there are no easy solutions to these issues.



Joseph Bielecki

The events culminated in a three-hour Slet performance in which every Sokol Serbia lodge participated in some fashion. There were special numbers featuring all age levels and all skill levels, and there was enormous energy and enthusiasm.

is a perfect time to join the walking club to walk off the pounds that come with the holidays. It is also the perfect time to plan fraternal activities for later in the year so that our members will experience the benefits of fraternalism!

The New Year has arrived and it gives us a chance to make a fresh start and to address Sokol USA's needs. I encourage our members to resolve to try to bring new members to Sokol. I also encourage our lodges to engage in sports activities as well as community activities. This

NAZADAR!
Joe Bielecki
President-Sokol USA

Editor's Note: Soko is the Serbian spelling and pronunciation of Sokol and Beograd is a city that what we know as Belgrade



Do you know the average person gains 1-2 pounds over the holidays? Well... WALK IT OFF!!!

Sokol Healthy Heart Walking Club

Benefits include:

- Reducing your stress level
- Lowering your risk of heart disease
- Controlling your weight
- Controlling your blood pressure

Sign up for Sokol's Healthy Heart Walking Club by sending your name, mailing address and home lodge to:



Brandi Kovac
280 East 2nd St., Apt. 9A
NY, NY 10009



OR email: BKKovac@aol.com

You will receive a free Sokol pedometer and a Healthy Heart mileage chart.

You are responsible for recording your mileage.

Walk with fellow Sokol members, or on your own.

Contact Brandi when you reach a milestone and get a reward!

SOKOL USA



276 Prospect St.
P.O. Box 189
East Orange, NJ 07019

Brothers and Sisters:

Why not take a little time and check your's and your children's (if you have any) insurance coverage. Most likely, you will discover that the amount is not sufficient and you need greater coverage.

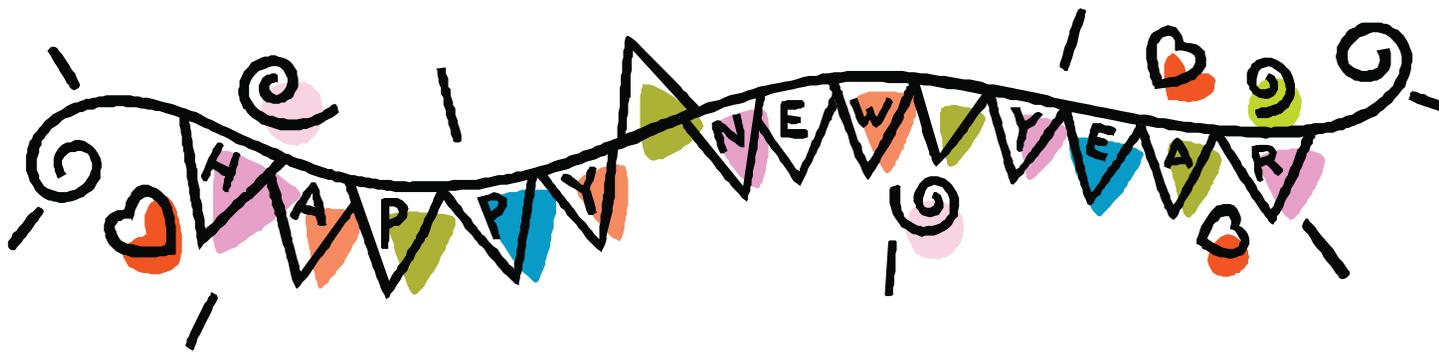
Why not act on it right now and apply for an additional certificate?

Please Send ___ New Member Applications to:

NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____



CENTRAL JERSEY GYM CLASSES

Central Jersey Lodge 12 has a larger, newer gym in East Brunswick. It is complete men's and women's apparatus, pre-school equipment, dance studio, trampoline, and Tumble Trak.

As in the past, we hold our classes for all ages (3½ years through adults) on Friday nights from 7 to 9 p.m.

We are a small group at this time, so this is a perfect opportunity to join and grow with us.

For more information, please contact either of us:

Ellen Kovac
ellenkovac@aol.com
 908.659.0121 (home)

or
 Norah Valentin
norahjane@verizon.net
 908.317.8350 (home)
 908.337.8056 (cell)

Holiday Donations Gratefully Acknowledged

To the Sokol USA Gymnastic Fund			
From Sokol Lodge 26, Guttenberg, N.J.	\$50.00	From Milan Kovac, East Orange, N.J.	\$50.00
<i>In memory of the deceased members</i>		<i>In memory of Mrs. Anna Sopoci</i>	
From Sokol Lodge 63, Homestead, Pa.	\$150.00	From Jan Sopoci, Brookfield, Ill.	\$25.00
<i>In memory of the deceased members</i>		<i>In memory of Mrs. Anna Sopoci and Christmas Greetings</i>	
From Sokol Lodge 79, Mahanoy City, Pa.	\$550.00	From Charles & Judith Smith, La Crosse, Wis.	\$20.00
<i>In memory of the deceased members</i>		<i>In memory of Mrs. Anna Sopoci</i>	
From Sokol Lodge 260, Cleveland, Ohio	\$50.00	From Scott & Amy Pracko, Mount Prospect, Ill.	\$25.00
<i>In memory of deceased members</i>		<i>In memory of Mrs. Anna Sopoci</i>	
From Sokol Lodge 273, Wilkes-Barre, Pa.	\$200.00	From Deborah J. Golden, Woodstock, Ill.	\$50.00
<i>Merry Christmas and Happy New Year to All!</i>		<i>In memory of Mrs. Anna Sopoci</i>	
From Sokol Lodge 114, Sleepy Hollow, N.Y.	\$500.00	From Sokol Lodge 16, Braddock, Pa.	\$100.00
<i>In memory of deceased members</i>		<i>A Christmas Gift</i>	
From Leonard J. Schisano, Ridge, N.Y.	\$125.00	From Arlene & Gerald von Schwedler Mt. Prospect, Ill.	\$25.00
<i>In memory my mother Elsie Lucas Schisano & the Lucas Family of Lodge 2, Bridgeport, Conn.</i>		<i>In memory of Mrs. Anna Sopoci</i>	
		From Sokol USA Lodge 39/40 W, Chicago, Ill.	\$100.00
To the Milan Getting Scholarship Fund		<i>In memory of Mrs. Anna Sopoci</i>	
From Sokol Lodge 26, Guttenberg, N.J.	\$50.00	From Sokol USA Lodge 244, Westfield, Mass.	\$100.00
<i>In memory of the deceased members</i>		<i>Merry Christmas & Happy New Year</i>	
From Sokol Lodge 12, Newark, N.J.	\$100.00	From Sokol USA Lodge 2, Bridgeport, Conn.	\$300.00
<i>Happy Holidays and a Peaceful New Year!</i>		<i>In memory of deceased members</i>	
From Sokol Lodge 79, Mahanoy City, Pa.	\$550.00	From Gloria Blaho, Galena, Ill.	\$50.00
<i>In memory of the deceased members</i>		<i>In Memory of (Teta) Mrs. Anna Sopoci</i>	
From Sokol Lodge 63, Homestead, Pa.	\$150.00	From Joseph Bielecki, E. Pittsburgh, Pa.	\$50.00
<i>In memory of the deceased members</i>		<i>In memory of Mrs. Anna Sopoci</i>	
From Sokol Lodge 260, Cleveland, Ohio	\$50.00	From Jean Bagel, Arlington Heights, Ill.	\$25.00
<i>In memory of the deceased members</i>		<i>In memory of Mrs. Anna Sopoci</i>	
From Sokol Lodge 273, Wilkes-Barre, Pa.	\$200.00	From Arthur Burkhardt, North Bergen, N.J.	\$25.00
<i>Merry Christmas and Happy New Year to All!</i>		<i>In memory of Mrs. Anna Sopoci</i>	
From Sokol Lodge 114, Sleepy Hollow, N.Y.	\$500.00	From Leonard J. Schisano, Ridge, N.Y.	\$125.00
<i>In memory of deceased members</i>		<i>In memory my mother Elsie Lucas Schisano & the Lucas Family of Lodge 2, Bridgeport, Conn.</i>	
From Andrew & Evelyn Zachar, Leesburg, Va.	\$100.00		
<i>In memory of Andrew & Ludmila Zachar</i>			

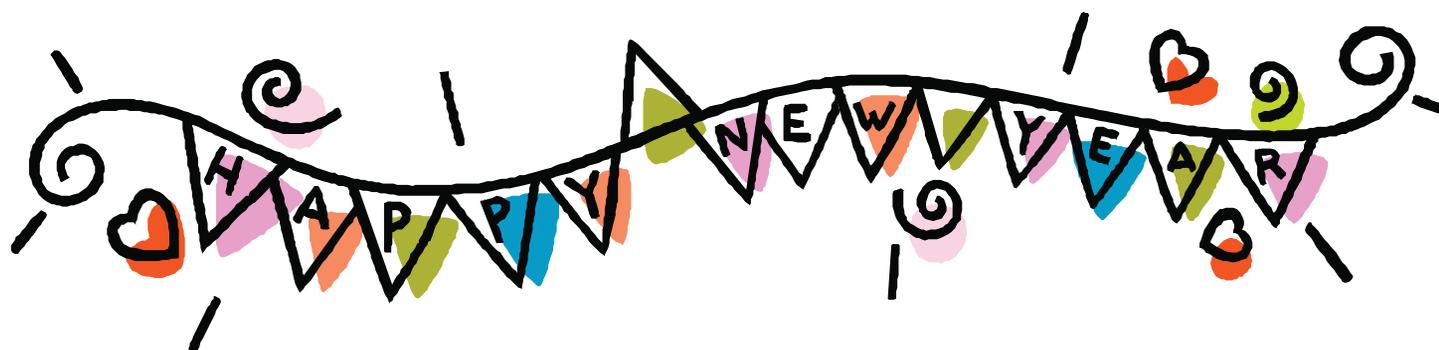


**HAPPY
NEW
YEAR!**

**IS YOUR
FAMILY
COVERED?**

Insurance coverage for all family members is an essential part of personal financial planning. Don't put off taking care of this responsibility.

See your lodge Financial Secretary or call Sokol Headquarters toll free at 1-888-253-0362 for additional information or membership applications.



FROM THE SUPREME SECRETARY

OMG! Oh my gosh! Where has the time gone? Another year has passed and it certainly seems to me that as we age, time passes more quickly than we would like.

I wish everyone a Very Happy, Healthy and Prosperous New Year!

As in the past, I express my thanks to all that have contributed toward our Society's continued operation and financial well being. We succeed because members, officers of lodges and districts, and Supreme Officers continue to conduct and promote activities both gymnastic and fraternal. The *Sokol Times* has presented photos and stories of many activities both national and international events. We "thank" all the contributors for photos and stories.

I hope everyone takes note of the donations to the Gymnastic Fund and the Milan Getting Scholarship Fund. The continuing contributions by many lodges and individuals help sustain these funds so we are able to assist lodges and members in programs and scholarships. Also, the fraternal outreach toward assisting those less fortunate in our local communities should be mentioned. The outreach either through direct donations or conducting food or clothing drives or donation of time and service in local social service agencies are commended.

Our Society maintained its financial strength in 2012 as there were no major economic incidents to cause us harm. The solvency of the Society is in excess of 195.0 percent. We have one dollar and ninety five cents of assets for every one dollar of liability. The low interest rate environment that exists in both corporate and government bond markets is certainly affecting the rate of return on our investment portfolio. As bonds with coupons of 6, 7 or 8 percent mature, it is difficult to find high quality bonds as replacement yielding more than 4.5 percent. In essence, we are maintaining our asset value, but our return (investment income) on invested assets is declining. The chairman of the Federal Reserve has indicated that



It's time to start making plans for the **2013 Sports Festival**. To keep up to date be sure to check out the American Sokol web site at www.american-sokol.org

Click on the "Wheelin' in Milwaukee" 2013 Sports Festival logo and that will bring you to the latest Communication Bulletin. This bulletin provides a great overview of the 5-day event, the venues and a map of the area.

Nazdar,
National Directors

"Wheelin' in Milwaukee"

This theme bridges characteristics of Sokol and the state of Wisconsin. The American Sokol is based on the sport of gymnastics. The cartwheel is a very basic skill most gymnasts learn at a young age and are also performed by the young at heart. We have a very successful Sokol Cirque program featuring acrobatics, stunting and dance using large wheels. Wisconsin is known as the Dairyland state, thus being a large producer of cheese - think cheese wheels! Milwaukee serves as the headquarters for Harley-Davidson. Will you ride your own motorcycle wheels to join us? If not, you will certainly use some type of transportation with wheels to participate or be a spectator at this event.

Venues for the 2013 Sports Festival*

<p>Headquarter Hotel Sokol & Sport Museum Hyatt Regency Milwaukee (A) 333 West Kilbourn Ave. Milwaukee, WI 53203</p>	<p>Opening/Closing Ceremonies, 5k Run Hart Park (B) 7300 Chestnut Street Wauwatosa, WI 53213</p>
<p>Fun Run, Fitness Challenge, Artistic & Rhythmic Gymnastics, Team Cal/Marching State Fair Park (C) 640 South 84th Street West Allis, WI 53214</p>	<p>Volleyball, 3-on-3 Basketball Nathan Hale High School (D) 11601 West Lincoln Ave. West Allis, WI 53227</p>

Golf and Bowling

TBD

Hotel and Shuttle Transportation

The Hyatt Regency in downtown Milwaukee will serve as the headquarter hotel. The purpose of a headquarter hotel is to serve as an accommodation center for participating athletes, coaches, families and spectators. You don't want to miss out on all the action at the center of the 2013 Sports Festival! The location will provide housing, morning workouts, daily coaches meetings, socials, the Sokol museum and more. Benefits include:

- Being in the heart of downtown Milwaukee!
- Place where all your Sokol friends will be!
- Where lots of action will take place!

We have partnered with National Travel to coordinate our housing needs. They have obtained a discounted price of \$149.00 per night. That's only \$37.25 per person, per night in a quad room! 275 rooms will be available. (\$201.00 is the average daily rate for a room with two double beds.)

The Sports Festival Committee is currently working on convenient shuttle transportation between the hotel and various venues. The information will be shared once it becomes available.

Points of Interest

See what Milwaukee has to offer. Czech out www.visitmilwaukee.org

Milwaukee Art Museum	Betty Brinn Children's Museum
Miller Park	Miller Brewery
Pabst Mansion	Old World Third Street
Mitchell Park Horticultural Conservatory	Potawatomi Bingo Casino
Milwaukee Summerfest	Harley Davidson Museum
Discovery World	Milwaukee County Zoo

Web Site Updates

Information regarding the hotel, competitions, socials, tours, and more will be posted at www.american-sokol.org as it becomes available. To access from the home page, click on the 2013 Sports Festival logo.

this low interest rate environment will be maintained for at least another two years. What does that mean to our Society? Simply put, it means we will earn less and less on our investments, AND expenses will increase both through normal increases in the cost of services and additional mandated increases for life reserves. Additionally, it is becoming more expensive to meet the requirements of "compliance" for all regulatory agencies. At some point in the future, the cost of compliance will require additional personnel and, therefore, additional payroll expense. The low interest rate environment will require that we raise our premiums and this is by regulatory direction. We are operating in an industry that is regulated and overseen by agencies that paint a broad brush when it comes to regulation. The rules apply equally to everyone whether you are a

ATTENTION ALL SOKOLS

Sports Festival Communications

If you have questions or inquiries regarding the 2013 Sports Festival, send an email to sportsfestival@american-sokol.org. Your email will be routed to the correct committee chairperson.

The Sports Festival Communication Bulletins will be distributed via email and posted on the American Sokol web site. Please print hardcopies to distribute in your unit. If you know someone who would like to receive bulletins via email, have them send their name, unit and email address to sportsfestival@american-sokol.org.

Sports Festival Sub-Committees

Be a part of the success of our 2013 Sports Festival. Please consider volunteering time on a sub-committee that best fits your area of expertise! Here are some key areas:

Seals	Raffles	Donations	Ad Book	Souvenirs
Sponsorships	Fund-raisers	Publicity	Slet Materials	Slet Program
Tickets	Competitions	Slet Manual	Trainer	Trophies
Bowling	Golf	Volleyball	Gymnastics	Judging
Fun Run	Kick Off Party	Opening/Closing Ceremonies	Equipment Rental	Awards
Banquet	Youth Social	Tours	Museum	Catering

Let us know where you can help. Send an email to sportsfestival@american-sokol.org.

2012 National BOI Development Conference

The National BOI is conducting a Development Conference in the Central District. Locations: Saturday, October 20 @ Sokol Tabor and Sunday, October 21 @ Sokol Spirit.

There will be a track dedicated to the various calisthenics which will be drilled at the 2013 Sports Festival Closing Ceremonies: Tots, Children's, Juniors, Seniors, Senior II and the American Sokol Special Number. There will also be a review of the new USAG Male Artistic Gymnastic Routines and the new Female Novice and Master's Artistic Gymnastic Routines. Don't miss out on this beneficial training opportunity!



Trip to:
11601 W Lincoln Ave
West Allis, WI 53227-1017
12.51 miles / 28 minutes

Notes

- A = Hyatt Regency Milwaukee, Milwaukee, WI
- B = Hart Park, Wauwatosa, WI
- C = State Fair Park, West Allis, WI
- D = Nathan Hale High School, West Allis, WI



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TRAVEL TIME AND MILEAGE

- A (Hotel) to B (Hart Park) = 13 mins (6.03 miles)
- A (Hotel) to C (State Fair Park) = 11 mins (6.01 miles)
- A (Hotel) to D (Nathan Hale High School) = 16 mins (9.46 miles)
- B (Hart Park) to C (State Fair Park) = 7 mins (2.50 miles)
- B (Hart Park) to D (Nathan Hale High School) = 13 mins (5.94 miles)
- C (State Fair Park) to D (Nathan Hale High School) = 7 min (3.98 miles)

multi-billion dollar corporation or a ten million dollar society. This year 2013 in July, we will conduct our quadrennial convention in Bethlehem, Pa., and details will be forthcoming. Lodges and Districts should begin planning and have representation by choosing delegates. The upcoming Convention will be a very important event as we determine our future. A number of months ago, I mentioned the prospect of a (Continued on Page 7)



American Sokol 2013 Sports Festival *Wheelin' in Milwaukee*

FROM THE SUPREME SECRETARY

(Continued from Page 6)

The intent of this bulletin is to convey news about the American Sokol 2013 Sports Festival taking place Tuesday, June 25 – Sunday, June 30 in Milwaukee, WI. This month's feature is the "Tentative Schedule of Events." Please take the time to review it thoroughly to set your schedule for the week. We are pleased to offer a variety of activities for all ages! Note: schedule is subject to change for the better good of the event.

Please refer to *Communication Bulletin August, 2012-Volume 1*, for the venue addresses and a map overview of the venues, their proximity to each other, travel times and mileage. Communication Bulletins are posted at www.american-sokol.org. To access from the home page, click on the 2013 Sports Festival logo.

If you have questions or inquiries regarding the 2013 Sports Festival, send an email to sportsfestival@american-sokol.org. Your email will be routed to the correct committee chairperson.

Tuesday, June 25

EVENT	GENERAL TIMES	VENUE
Hotel Check In		Hyatt Hotel
Museum	TBD	Hyatt Hotel
5k Run	Early Afternoon	Hart Park
Packet Pick Up	3:00-6:00 pm	Hart Park
Main Coaches Meeting	3:00-4:00 pm	Hart Park
Kick Off Party	4:00-6:30 pm	Hart Park
Opening Ceremonies Rehearsal	4:00-6:30 pm	Hart Park
Opening Ceremonies	7:00-9:00 pm	Hart Park

Wednesday, June 26

EVENT	GENERAL TIMES	VENUE
Good Morning Workout	7:00-7:30 am	Hyatt Hotel
Daily Coaches Meeting	7:00-7:45 am	Hyatt Hotel
Family Fun Run	8:30 –noon	State Fair Park
Fitness Challenge	8:30 am-3:00 pm	State Fair Park
Rhythmics	8:30 am – 6 pm	State Fair Park
Mixed Volleyball	8:00 am-3:00 pm	Nathan Hale HS
Museum	TBD	Hyatt Hotel
Team Marching	6:00-8:00 pm	State Fair Park
Team Cal	6:00-8:00 pm	State Fair Park
Brewers vs. Cubs Baseball Game	6:00-10:30 pm	Miller Park
Walking Food Tour	TBD - day tour	TBD

Thursday, June 27

EVENT	GENERAL TIMES	VENUE
Good Morning Workout	7:00-7:30 am	Hyatt Hotel
Daily Coaches Meeting	7:00-7:45 am	Hyatt Hotel
Golf	8:00 am tee off	TBD
Male & Female Gymnastics	8:30 am-5:00 pm	State Fair Park
Museum	TBD	Hyatt Hotel
3 on 3 Basketball	1:00-4:00 pm	Nathan Hale HS
Wheels Testing & Competition	1:00-4:00 pm	Nathan Hale HS
Banquet	6:30-10:00pm	Hyatt Hotel

Friday, June 28

EVENT	GENERAL TIMES	VENUE
Good Morning Workout	7:00-7:30 am	Hyatt Hotel
Daily Coaches Meeting	7:00-7:45 am	Hyatt Hotel
Male & Female Volleyball	8:00 am-8:00 pm	Nathan Hale HS
Male & Female Gymnastics	8:00am-noon	State Fair Park
Museum	TBD	Hyatt Hotel
Youth Activity	Afternoon	Discovery World
Ice Skating Social	7:00-10:00 pm	State Fair Park
Miller Brewery Tour	TBD - day tour	Miller Brewery

Saturday, June 29

EVENT	GENERAL TIMES	VENUE
Good Morning Workout	7:00-7:30 am	Hyatt Hotel
Daily Coaches Meeting	7:00-7:45 am	Hyatt Hotel
Museum	TBD	Hyatt Hotel
Children's Lower Level Gymnastics	8:30 am-noon	State Fair Park
M&F Volleyball Playoffs	8:30 am-noon	Nathan Hale HS
Closing Ceremony Rehearsals	2:00-5:00 pm	Hart Park
Field Games	2:00-5:00 pm	Hart Park
Closing Ceremony	7:00-8:30 pm	Hart Park
Finale Party	9:00pm -1:00 am	Hyatt Hotel

Sunday, June 30

EVENT	GENERAL TIMES	VENUE
Farewell Event	TBD	TBD

possible merger with another society. That topic of merger continues to be discussed at our Supreme Lodge meetings. It is my hope that the Supreme Lodge will come to agreement this spring on a plan of merger. Ultimately the plan must be presented to our membership and the Convention for approval. Stay tuned!

In closing, I'd be remiss if I did not thank the many Lodges and individuals that sent Christmas greeting to the Headquarters staff and myself. Besides the cards, the gift of edibles was especially appreciated. We had nuts, popcorn, sugar cookies, chocolate, but the best of all was from Lodge 15W Sister Josephine Tomik's "zazvornicky". Thank you! Thank you!

HAPPY NEW YEAR!
NAZDAR!

Milan S. Kovac
Supreme Secretary

SHARE YOUR FAMILY EVENTS WITH YOUR "SOKOL FAMILY"

The Sokol Times Social Page is a great way to keep up with your old and new friends! Share your families' events with your Sokol family. We want to hear from you. Only news regarding members of our lodges will be printed.

Complete one of the attached forms and mail the information and a photograph of clear quality to Sokol USA, 276 Prospect Street, P.O. Box 189, East Orange, NJ 07109-0189. Information and photographs also may be e-mailed to: SOKOLUSAHQ@aol.com

**ENGAGEMENTS,
WEDDINGS &
ANNIVERSARIES**



NAMES: _____

 PHONE #: _____
 HOMETOWN: _____
 SOKOL LODGE: _____
 YEARS MARRIED (IF APPLICABLE): _____

BIRTHDAYS



NAME: _____
 BIRTH DATE: _____
 AGE: _____
 PHONE #: _____
 HOMETOWN: _____
 SOKOL LODGE: _____

**PROMOTIONS,
HONOR ROLLS &
OTHER EVENTS**



NAME: _____
 PHONE #: _____
 HOMETOWN: _____
 SOKOL LODGE: _____
 EVENT: _____

*Photographs are not required, but they do add to the presentation.
Please include a self addressed, stamped envelope if you would like your photograph returned.*

Sokol USA National Gymnastics Department Conference Call Meeting

Thursday, September 13, 2012

(Continued from December 2012)

VI. Recommendations/Budget

A. Director's Recommendations

Chris presented the Director's Recommendations and Budget and explained the minor changes that were made. She also noted that she added a brief explanation to each budget line, as requested by Supreme Lodge Member Emil Trgala.

A question came up about the amount of money requested for Sokol School and how to better encourage Sokol USA members to attend the American Sokol School. It was suggested that Todd write an article about his experiences as an instructor at the last two schools. Todd also offered to visit lodges so he can speak directly to interested candidates and their parents. Lodge 12 expressed a concern that they share with American Sokol NY. They want to know exactly who is supervising the students, what the required qualifications for instructors are and what the rules of conduct for instructors are. They pointed out that there is much information shared about expectations for the students, but none for instructors. Steve requested that a more detailed explanation be given about the curriculum so that prospective students would have a clearer idea about what to expect. Since Todd is on the American Sokol School Board, he will ask that this information be prepared prior to promotion of the next school.

The directors presented the following 20 proposals as one recommendation:

1. That Sokol USA pay full tuition of any Sokol USA member to attend a National Sokol Instructors School in 2013 with the recommendation of their Lodge Director and prior to attending the school, obtain the approval of the National Directors.
Finance Committee Action: Motion made, seconded, and carried to approve the recommendation.
2. That the Supreme Lodge subsidize the cost of tuition for Sokol USA campers to attend the National Camp/Leadership Development Camp with a \$1,800.00 subsidy to be divided equally among the participants with a maximum allowance of the cost of one week's tuition.
Finance Committee Action: Motion made, seconded, and carried to approve the recommendation.
3. That a maximum of one thousand eight hundred dollars (\$1,800.00) be allocated for the 2012-2013 season for hosting or participating in training sessions, mini-Kurz, or invitational competitions. A proposal must be made in advance with the approval of the National Directors. Proper documentation must be submitted within thirty (30) days of the event for reimbursement of the expenses.
Finance Committee Action: Motion made, seconded, and carried to approve the recommendation with prior approval of the National Directors and the Executive Board.
4. That the Reactivation Project be continued to help any lodge that is not presently active, or to begin a new lodge with the intent of becoming athletically active, or to assist an active lodge that is adding a new program, up to one thousand dollars (\$1,000) per lodge with the prior approval of the National Directors.
Finance Committee Action: Motion made, seconded, and carried to approve the recommendation with prior approval of the National Directors and the Executive Board.
5. That Sokol USA support the Professional Development of individuals who attend clinics and/or conferences related to the teaching activities of the gymnastic department. Prior approval of the National Directors is required. No more than one thousand (\$1,000) should be spent for the 2012-2013 season.
Finance Committee Action: Motion made, seconded, and carried to approve the recommendation to support the professional development of Sokol USA members.
6. That the Supreme Lodge support "Project Safety" by reimbursing the sum of 50% of an expenditure up to \$1000 on new mats or equipment during the 2012-2013 season.
Finance Committee Action: Motion made, seconded, and carried to approve the recommendation.
7. That Sokol USA reimburse one half the tuition of the USAG and the AACA (cheerleading) Safety Certification cost to all Sokol USA member instructors with prior approval from the National Directors.
Finance Committee Action: Motion made, seconded, and carried to approve the recommendation.
8. That Sokol USA pay the cost of Professional Membership in USAG for the National staff for the 2012-2013 season.
Finance Committee Action: Motion made, seconded, and carried to approve the recommendation.
9. That the Supreme Lodge reimburse up to two instructors per lodge for professional membership in USAG.
Finance Committee Action: Motion made, seconded, and carried to approve the recommendation.
10. That Sokol USA join the USAG Member Club Program as a total organization. The cost is approximately one hundred sixty-five dollars (\$165.00).
Finance Committee Action: Motion made, seconded, and carried to approve the recommendation.
11. That the National Directors and the Supreme Lodge Secretary coordinate and administer the purchase of accident insurance for all gymnastically active lodges.
Finance Committee Action: Motion made, seconded, and carried to approve the recommendation.
12. That the Supreme Lodge pay for travel, room, per diem & registration fee for the National Directors to attend the American Sokol Directors' Conference in October 2013.
Finance Committee Action: Motion made, seconded, and carried to approve the recommendation.
13. That the Supreme Lodge provide fifty dollars (\$50.00) per bowling team to the host lodge of the National Bowling Tournament for the "prize fund," with a minimum 20-team contribution, plus the cost of trophies or awards.
Finance Committee Action: Motion made, seconded, and carried to approve the recommendation.
14. That the Supreme Lodge pay a travel expense of ten dollars (\$10.00) per Sokol USA bowler attending the National Bowling Tournament, payment is to be made to the participant's lodge. The host lodge is not eligible.
Finance Committee Action: Motion made, seconded, and carried to approve the recommendation.
15. That the Supreme Lodge pay ten dollars (\$10.00) to the host lodge for every eligible Sokol USA golfer in the National Golfing Tournament plus the cost of awards.
Finance Committee Action: Motion made, seconded, and carried to approve the recommendation.
16. That the Supreme Lodge support a National Sporting Activity, up to five hundred dollars (\$500) plus the cost of awards.
Finance Committee Action: Motion made, seconded, and carried to approve the recommendation.
17. That the Supreme Lodge pay for the full travel expense for all authorized Sokol USA delegates to attend the 2013 National Gymnastic Department Meeting/Training Session, with room and per diem for the directors, room and food allowance for the assistants and registration fees for participants if the event is scheduled in conjunction with the American Sokol BOI Development Conference.
Finance Committee Action: Motion made, seconded, and carried to table until Supreme Lodge discussion of estimated dollar amount.
18. That Sokol USA lodges conducting weekly gymnastic programs can apply for financial aid from the Supreme Lodge in order to supplement the compensation of instructors. Gymnastically active lodges that received funds for the 2011-2012 program year will submit an explanation of how the funds were used and may request up to \$2,000 (two thousand dollars) each, for the 2012-2013 program year, for a sum of \$12,000 based on a total of six gymnastically active lodges.
Finance Committee Action: Motion made, seconded, and carried to approve the recommendation for instructor compensation up to a sum of \$10,000 based on a total of five gymnastically active lodges.

(To Be Continued in February 2013)